

1 **A novel Soft Tissue-Integrated Kinematic Solver for skeletal motion: Validation**
2 **and applications**

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18

19 **Abstract**

20 **Background and Objective:**

21 Kinematic solvers for human motion analysis, relying on oversimplified joint definitions, face inherent
22 limitations in capturing the true spectrum of skeletal motion. Recent advancements incorporated soft
23 tissue constraints to derive more realistic joint kinematics. However, these methods require marker data
24 input and are computationally expensive, limiting their application to specific joints. This paper proposes
25 a novel kinematic solver that addresses this gap by explicitly accounting for soft tissues, while allowing for
26 accurate and computational efficient modeling across diverse movements and joints.

27 **Methods:**

28 The proposed soft tissue-integrated kinematic solver determines the kinematics by relying on the principle
29 of force balance. In a cascaded iterative way, the position and orientation of each individual segment is
30 updated by minimizing the force residual acting on the segment. The latter is solved through a unique way
31 by defining and aligning two point clouds. Accuracy was assessed with three datasets: in-vivo MRI squats
32 (N=9), in-vitro cadaver CT squat (N=1), and in-vitro cadaver arm flexion/extension/pro-supination (N=1).
33 The accuracy was assessed by computing the absolute error on the joint angles and translations and
34 benchmarked against traditional inverse kinematics with a revolute joint as well as two computer vision
35 techniques (OSSO and SKEL).

36 **Results:**

37 All experiments showed that with sufficient input data (over 5 rigid bone markers, or skin zones), the
38 primary motion error was almost without exception under 1.5° . This outperformed the inverse kinematics
39 with revolute joint (7.29° flexion-extension), OSSO (9.59° flexion-extension) and SKEL (3.19° flexion-
40 extension) methods. The median error on the secondary kinematics for the humeroulnar and ulnoradial
41 joints were below 3.78° and 2.50 mm when driving the motion with skin zones. For the tibiofemoral joints,
42 errors were under 5.39° and 3.5 mm. Computation time was below 30 seconds per frame.

43 **Conclusions:**

44 The kinematic solver enables exploring all degrees of freedom accurately without compromising
45 computational efficiency. Unlike biomechanical methods which are limited to marker data, the kinematic
46 solver can analyze both marker and skin data.

47 **Keywords:** Kinematic solver; Soft-Tissue Modeling; Computational Modeling; Knee Joint; Elbow joint;

48 Motion Analysis

49

50 **1. Introduction**

51 The exploration of human motion analysis dates back to the early 1800s. Over the years, diverse
52 methodologies have evolved for its examination, ranging from simple goniometry over manual
53 identification of landmarks on images/video frames to the application of sophisticated kinematic solvers
54 [1]. The traditional kinematic solvers assume that the body is a series of rigid segments connected by
55 idealized – limited Degree Of Freedom (DOF)- joints without considering any soft tissue structures [2], [3],
56 [4], [5]. For example, the hip and intervertebral joints are typically modelled as spherical joints, the knee
57 joint as a revolute joint and the ankle and subtalar joints as two nonorthogonal revolute joints (Table 1).
58 While this assumption is suitable to approximate simple motions such as walking and for applications in
59 which the accuracy of the determined kinematics is not of high importance, it proves inadequate when
60 modeling the kinematics and dynamics of joints in clinical settings or for more complicated movements in
61 (sport) biomechanics [6], [7]. This inadequacy arises because the majority of anatomical and prosthetic
62 joints are nonconforming, causing to significantly influence the joint's (secondary) kinematics and internal
63 force equilibrium [8], [9]. Further, the contribution and deformation in the involved soft tissue structures
64 such as cartilage, muscles, tendons and ligaments are not accounted for. Yet, these structures not only
65 serve as connections between rigid skeletal elements but also play an important role in shaping and
66 guiding the resulting kinematics [9], [10], [11].

67 Numerous efforts have been undertaken to develop more reliable kinematic solvers, in both commercial
68 and open-source frameworks (Table 1). For example, Andersen et al. presented Force Dependent
69 Kinematics (FDK), a technique that concurrently optimizes muscle, ligament, and joint contact forces
70 alongside secondary kinematics, i.e. the non-primary motion of a joint [12], [13]. Similarly and specifically
71 for the knee, several researchers have augmented the conventional OpenSim gait model by incorporating
72 soft tissue constraints, allowing for a six-degree-of-freedom tibiofemoral joint to better replicate the true

73 knee joint motion [14], [15], [16]. While these methods demonstrated significant potential, they have a
74 higher computational cost compared to traditional methods using simplified joints. Additionally, they
75 require a greater number of additional parameters, both subject-specific and model-related, and therefore
76 typically their implementation is confined to a single joint of interest.

77 Beyond the complexities of improving the numerical approaches for joint kinematics, soft tissue artifacts
78 (STAs) remain an additional and significant challenge in marker-based motion analysis. These artifacts arise
79 from the movement of the skin and the underlying tissues relative to the bony landmarks, leading to
80 inaccuracies in joint angle calculations. To mitigate STAs and enhance the accuracy of kinematic analysis,
81 several STA compensation methods have been proposed. Examples include strategic marker placement at
82 locations where STAs are anticipated to be minimal and the use of marker clusters [17]. Additionally,
83 various computational methods, such as filtering, multibody kinematics optimization and co-registration
84 with other imaging modalities, have been developed to mitigate the impact of STAs [7], [18], [19], [20],
85 [21], [22], [23], [24]. The multibody kinematics optimization techniques incorporate other factors such as
86 constraining degrees of freedom within adaptive boundaries, projecting the skin markers onto a selected
87 axis of the local system of coordinates to cancel the deleterious effect of STA on that specific degree-of-
88 freedom or incorporating Finite Element (FE) models [7], [18], [19]. More recently, Einfeldt et al. presented
89 a novel technique to minimize knee soft tissue artifacts [20]. Their method employs frame-by-frame
90 optimization to refine best-fit cylinders that are initially generated based on the relative positions of lower
91 limb markers during a static trial. Tibiofemoral rotations and translations are subsequently calculated along
92 the anatomical joint axes using the relative 3D motion of these cylinders. Similar to the advanced kinematic
93 solvers in the previous paragraph, these solutions have a higher computational cost and are often confined
94 to one specific joint of interest.

95 In contrast to the above mechanical approaches which focus on numerical modelling of the skeletal
96 structures to define joint kinematics, computer vision techniques have been developed to accurately

97 represent the body's surface and thereby infer approximative skeleton kinematics based on skin
98 movements (Table 1) [25], [26], [27]. These techniques use a kinematic tree, often a simplified 'stick figure'
99 with spherical joints, to represent the skeleton [25], [26], [27]. The obtained joint angles are, therefore,
100 not suitable for clinical or biomechanical applications. Two recent methods, Obtaining Skeletal Shape from
101 Outside (OSSO) and Skeletal Kinematics Enveloped by a Learned body model (SKEL), aim to address this
102 oversimplification [28], [29]. Both OSSO and SKEL infer a more realistic skeleton directly from the skin
103 surface, approximating both its shape and position. Once the skeletal shape and position are estimated,
104 joint angles can be calculated using the anatomical correspondence inherent in the reconstructed
105 skeletons and biomechanical standards. OSSO, trained on dual-energy X-ray absorptiometry (DXA) scans
106 with subjects in a supine position, uses a three-step process: repositioning the skin mesh to a standardized
107 lying down position, inferring the skeleton, and repositioning the estimated skeleton with pre-defined
108 physical constraints (enforcing skeletal coherence, maintaining ball joint distances, and simulating knee
109 ligament behavior through energy terms). However, repositioning the skeleton requires an optimization
110 process that sometimes results in biomechanically impossible poses e.g. extreme joint displacements or
111 mesh penetrations. SKEL, on the other hand, leverages an idealized biomechanical skeleton, created within
112 the OpenSim framework, to re-rig a parametric skin mesh called 'SMPL' (Skinned Multi-Person Linear
113 Model). This biomechanical skeleton, with its 24 segments, is essentially scaled and positioned within the
114 SMPL mesh. Importantly, the skeleton does not incorporate soft tissue constraints such as ligaments or
115 cartilage.

116

Marker-based motion analysis	Markerless motion analysis
Traditional kinematic solvers	Computer vision techniques
<ul style="list-style-type: none"> • Skeleton represented as a series of rigid bodies (segments) • Segments are connected with simplified joints chosen to match the primary motion of the corresponding joint 	<ul style="list-style-type: none"> • Skeleton represented as a stick figure, which does not necessarily align with the real skeleton • Segments are connected with simplified joints (typically spherical joints)
Advanced kinematic solvers	
<ul style="list-style-type: none"> • Skeleton represented as a series of rigid bodies (segments) • Take into account the contribution of soft tissue structures using a force balance • Require a greater number of parameters and have increased computational cost • The implementations are often confined to a single joint of interest 	
Soft tissue-integrated kinematic solver	
<ul style="list-style-type: none"> • Skeleton represented as a series of rigid bodies (segments) • Works with both bone/skin markers and the skin input • No restrictions on the joint angles and translations • Takes into account the contribution of soft tissue structures using two corresponding point clouds as force balance analogy • Novel concept to solve the positioning of the segments based on aligning point clouds using Singular Value Decomposition • Without compromising computational efficiency 	

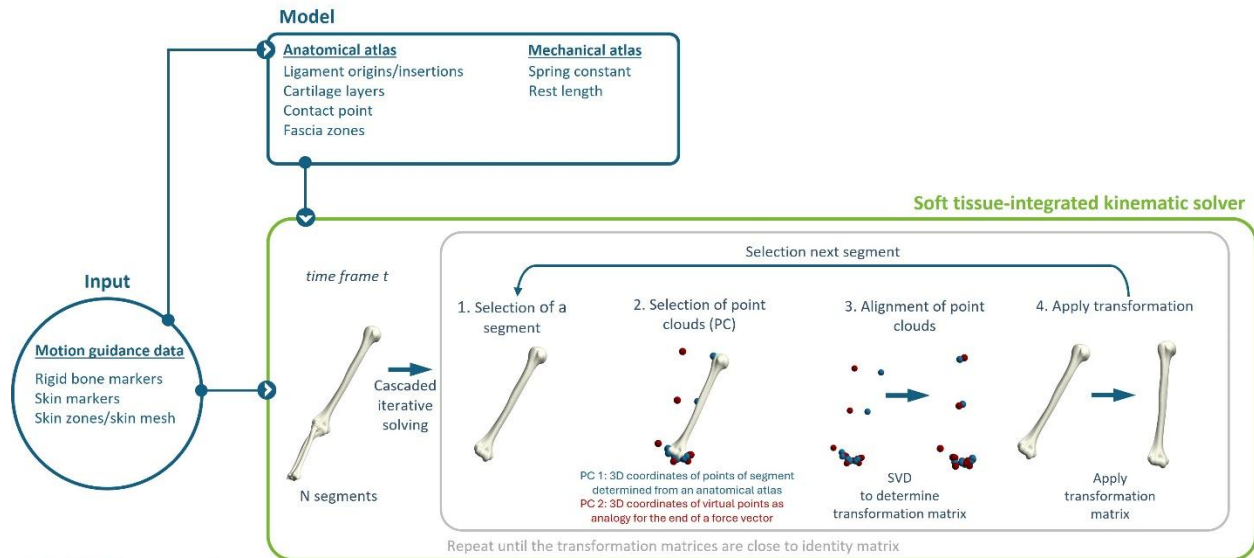
117 *Table 1: An overview highlighting the main characteristics of the marker-based and markerless motion*
118 *analysis methods. The proposed methodology works with both marker-based and skin (markerless) input.*

119 In summary, no current complete skin based method can fully capture the complex interplay between
120 muscles, contact forces, and ligaments to measure realistic joint movements using the skin as input.

121 Hence, this paper addresses this critical gap in kinematic modeling by introducing a new kinematic solver
122 designed to account for the soft tissue constraints. Unlike conventional biomechanical methods that
123 explicitly define joints between neighboring segments, this approach operates on segment definitions. In
124 this method, the segments are connected to the neighboring segments using only soft constraints instead
125 of hard joint constraints. The latter enables all degrees of freedom to be freely explored without
126 compromising computational efficiency. Additionally, the solver can analyze both marker and skin data,
127 unlike biomechanical methods which are limited to marker data and computer vision approaches that rely
128 on body scan meshes.

129 **2. Materials and methods**

130 This section begins by outlining the general principles underlying the proposed soft tissue-integrated
131 kinematic solver. The developments outlined in this paper have been filed in a patent application.
132 Subsequently, the performance of the kinematic solver was assessed through three distinct experiments:
133 (1) an in-vivo experiment on the knee joint with healthy volunteers in an MRI setting, (2) an in-vitro
134 experiment on a cadaver knee joint using CT imaging and (3) an in-vitro experiment with a cadaver elbow
135 joint in a CT scanner. An overview of the article structure is presented in Figure 1.



Validation experiments

A. Healthy lower limbs performing squat in MRI

In-vivo validation experiment

Anatomical atlas:

Bony anatomy (Femur, Tibia-Fibula, Patella)
 Template model of the lower limb containing information on the ligament origins/insertions, cartilage layers

Mechanical atlas:

Literature values for spring constants

Motion guidance data:

Different sets of rigid bone markers



B. Cadaver lower limb performing squat in CT

In-vitro validation experiment

Anatomical atlas:

Bony anatomy (Femur, Tibia-Fibula, Patella, Pelvis, Calcaneum)
 Template model of the lower limb containing information on the ligament origins/insertions, cartilage layers

Mechanical atlas:

Literature values for spring constants

Motion guidance data:

Different sets of rigid bone markers
 Different sets of skin markers
 Skin zones

Compared against

- Revolute joint
- OSSO
- SKEL



C. Cadaver upper limb flexion-extension/pro-supination in CT

In-vitro validation experiment

Anatomical atlas:

Bony anatomy (Humerus, Ulna, Radius)
 Template model of the upper limb containing information on the ligament origins/insertions, cartilage layers

Mechanical atlas:

Literature values for spring constants

Motion guidance data:

Different sets of rigid bone markers
 Different sets of skin markers
 Skin zones



136

137 *Figure 1: An overview of the article structure, starting with the general concept and implementation of the*
 138 *kinematic solver, followed by the application of the kinematic solver in three use cases (A - C) for validation*
 139 *purposes including an illustration of the ground truth bony positions.*

140 2.1. Technical description of the ‘Soft tissue-integrated kinematic solver’

141 2.1.1 General concept

142 The soft tissue-integrated kinematic solver determines the skeletal kinematics by operating on segment
 143 definitions. The soft tissue-integrated kinematic solver requires the system (i.e. the skeleton or body and

144 the markers/skin mesh) to be defined by an user-defined anatomical, stored as dictionaries, and
145 mechanical atlas and experiment dependent motion guidance data (Figure 2). The atlases are stored as
146 dictionaries in Matlab.

- 147 • *The anatomical atlas* contains relevant anatomical information and experiment-dependent bone
148 and skin marker data (i.e., all ligament/muscle origins and insertions on the segment, cartilage
149 layers on the segment, contact points on the segments with the neighboring structures and fascia
150 zones (zones were the fascia is close to the bony surface))
- 151 • *The mechanical atlas* includes mechanical properties of ligaments and contacts, as well as
152 experiment-dependent mechanical data for bone, skin markers, and skin connections (i.e. the
153 spring constants and rest lengths for ligaments and contacts)
- 154 • *The motion guidance data* encompasses various motion data types, namely rigid bone markers –
155 marker attached to a fixed point on the bone-, skin markers or skin zones – specific areas on the
156 skin meshes selected for their informative value in capturing bone movements- depending on the
157 experiment (Figure 3).

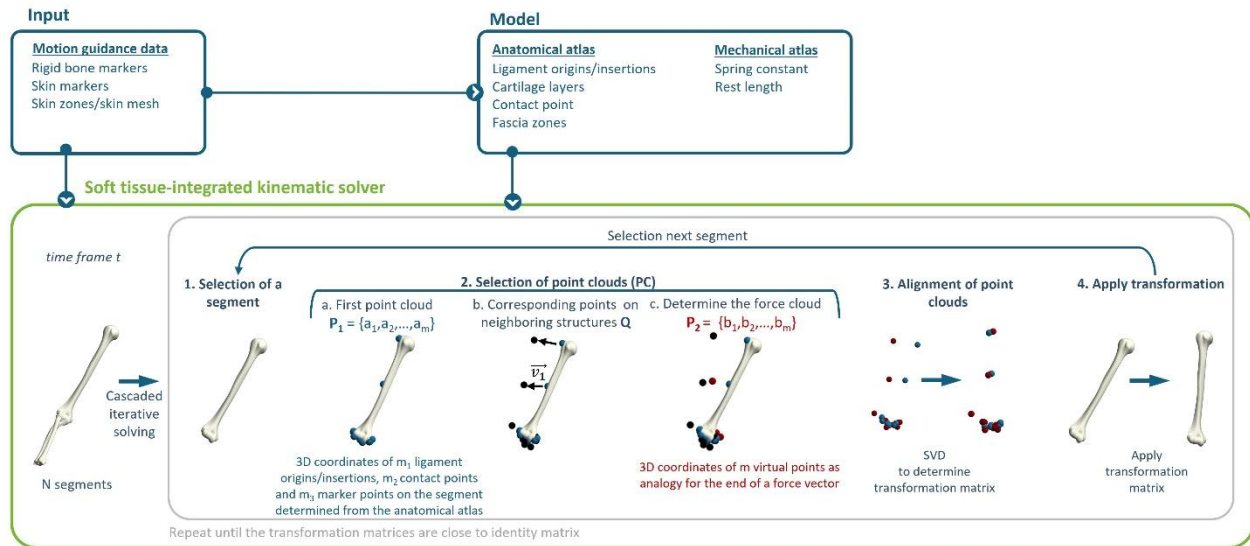
158 The skeleton is represented with N rigid segments, each having 6 degrees of freedom (3 translations and
159 3 rotations). This cumulates to a total of $6 \cdot N$ degrees of freedom for the entire skeleton. The individual
160 segments are extracted from a full body mesh template. Here, this template mesh has an edge length of
161 1.5mm. At its core, the soft tissue-integrated kinematic solver relies on the principle of force balance. To
162 do so, each individual segment is connected to the environment (i.e. neighboring segments, bone/skin
163 markers and the skin mesh) through springs. For every segment, the springs and their respective forces
164 are determined from the anatomical atlas, the mechanical atlas and the motion guidance data. In the
165 anatomical atlas all anatomical relevant data is summarized (i.e., all ligament/muscle origins and insertions
166 on the segment, cartilage layers on the segment, contact points on the segments with the neighboring
167 structures and fascia zones (zones were the fascia is close to the bony surface)) for every rigid segment.

168 Similar to the anatomical atlas, the mechanical atlas defines all mechanical relevant data (i.e. the spring
169 constants and rest lengths for ligaments and contacts). The rest lengths of the ligaments are determined
170 in a specific joint position where the ligament length is equal to the ligament rest length or is determined
171 by computing the rest length based on a known ligament strain in a certain joint position. The rest length
172 of the contacts are defined to be zero. Finally, the soft tissue-integrated kinematic solver requires motion
173 guidance data. This can either be rigid bone markers, skin markers or skin zones can be used, depending
174 on the experiment. Similar to the ligaments and contacts, the motion guidance data are represented in
175 the solver using springs between the marker position and the corresponding point on a segment. For the
176 skin zones, for every point located within the designated skin zones on the skin mesh, a corresponding
177 spring is generated. The bone and skin marker locations and the locations of their corresponding points
178 on the segments are incorporated into the respective user-defined anatomical atlases. The skin markers
179 and corresponding skin zones, which correspond to specific points on the segments, are identified in the
180 initial frame of motion by conducting a k-nearest neighbors search between pre-defined points on the
181 segments and the skin surface. Additionally, spring constants and rest lengths are defined for these marker
182 interactions and added to the user-defined mechanical atlas. The rest lengths are determined in the first
183 frame of motion, which in the validation experiments corresponds to the leg/arm in the straight position.

184 Once the necessary, anatomical and mechanical data are compiled into their atlases which describe the
185 system, the soft tissue-integrated kinematic solver can be employed to determine the positions of
186 segments in a cascaded iterative loop. For a specific time frame, first, a segment is selected (Figure 2 (1)).
187 For this segment, each interaction (ligament, contact, or marker/skin) between the segment and the
188 neighborhood are modelled as springs. However, for its calculation the kinematic solver leverages on point
189 clouds. In other words, the solver defines a pair of points as analogy of a spring, one point in each point
190 cloud. The first point cloud consists of the 3D coordinates of points located on the surface of the selected
191 segment and describes the current position of the selected segment (Figure 2 (2a)). These include the 3D

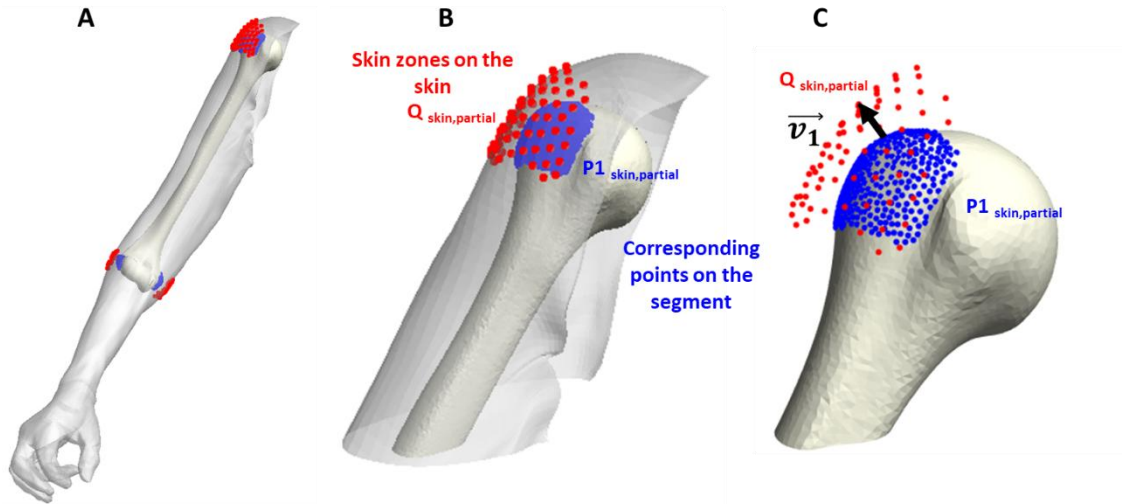
192 coordinates of the ligament origins and insertions ON the segment, the 3D coordinates of the contact
193 points with neighboring structures ON the segment and the 3D coordinates of the points ON the selected
194 segment corresponding to the skin and/or bone/skin markers, defined from the anatomical atlas from the
195 selected segment.

196 The second point cloud or so called 'Force cloud' encodes for the forces exerted on the segment by its
197 neighboring structures (Figure 2 (2c)). The larger the exerted force, the further the distance from the point
198 in the force cloud to the corresponding point in the first point cloud. This relationship is described by a
199 non-linear equation, typically used to model ligament behavior [30]. The same relationship is used for all
200 three types of constraints, i.e. ligaments, contacts and rigid bone/skin markers and skin. Subsequently, to
201 minimize the force residual acting on the segment, the transformation matrix to rotate and translate the
202 segment that minimizes the sum of squared errors between the rotated and translated point cloud and
203 the force cloud are determined (Figure 2 (3)). This transformation matrix is then applied to the selected
204 segment (Figure 2 (4)). The solver proceeds segment by segment in a cascaded but independent fashion.
205 In each iteration, the position of a selected segment is updated and immediately stored in a temporary
206 'skeleton updated' structure. This ensures that the update of one segment's position is not influenced by
207 the updated positions of its neighbors within the same iteration. Once all segment positions have been
208 updated independently and stored, the complete 'skeleton updated' structure replaces the previous
209 skeleton state, and a new iteration can begin. Unlike in traditional biomechanics methods, there is no need
210 for a base segment to keep the skeleton grounded. This iterative refinement is repeated until all the
211 transformations converged to the identity transformation before continuing to the next time frame.



212

213 *Figure 2: The workflow of the soft tissue-integrated kinematic solver. In every frame, the position and*
 214 *orientation of every segment is updated in a cascaded manner until convergence before moving to the next*
 215 *frame. Focusing on a single iteration of the solving process, a particular segment is chosen for examination*
 216 *and is labeled as the 'selected segment' (1). In every iteration, a point cloud and a force cloud are identified.*
 217 *In the example, the selected segment has $m_1=4$ ligament connections, $m_2=5$ (joint) contact connections*
 218 *with neighboring structures and $m_3=4$ skin marker connections. By exploiting the anatomical atlas, the first*
 219 *point P_1 cloud comprises of 4 coordinates of the ligament origins, 5 coordinates of contact points on the*
 220 *segment and 4 coordinates of points on the segment corresponding to the skin markers (2a). Next, the*
 221 *corresponding points on the neighboring segments and skin are derived from the anatomical atlas (2b).*
 222 *Thereafter, between the first point cloud P_1 and the corresponding point cloud Q 13 virtual springs are*
 223 *drawn. From the current length of the spring, and the data from the mechanical atlas, the 3D coordinates*
 224 *from the points in the force cloud P_2 are determined (2c). Subsequently, the force balance is solved by*
 225 *determining the transformation that minimizes the sum of squared errors between the corresponding*
 226 *point clouds P_1 and P_2 (3). Finally, this transformation is applied to the selected segment (4).*



227

228 *Figure 3: An example of skin zones: the selected segment, i.e. the humerus, is plotted together with the*
 229 *skin and the skin zones (A). The red dots indicate the points on the skin which are part of the skin zones*
 230 *$Q_{skin,partial}$. These points are part of point cloud Q . The blue dots $P1_{skin,partial}$ indicate the m_3 points on the*
 231 *humerus corresponding to the skin zones on the segment (B). The latter will be part of point cloud P_1 . One*
 232 *vector \vec{v}_1 from the $P1_{skin,partial}$ to $Q_{skin,partial}$ is drawn (C). In the example, the skin has a lower resolution mesh*
 233 *than the bone mesh, as a consequence, in this example multiple vectors will end in the same node on the*
 234 *skin.*

235 2.1.2 Implementation

236 Building on the above concept, this paragraph will delve deeper into the implementation of the novel soft
 237 tissue-integrated kinematic solver. In a single iteration of the solving process, a particular segment is
 238 chosen to update its position and orientation and is labeled as the 'selected segment' (Figure 2(1)). To
 239 update its position, an isolated force balance is computed. This means we analyze one segment at a time
 240 and minimize the force residual acting on it. To do so, two point clouds of m corresponding points are
 241 defined (Figure 1).

242 **First point cloud**

243 The first point cloud $P_1(\{a_1, a_2, \dots, a_m\})$ is composed of m ($m = m_1 + m_2 + m_3$) 3D coordinates derived
244 from the anatomical atlas and can be divided into three groups (Figure 2(2a)). The first point cloud:

- 245 1. contains m_1 3D coordinates of the ligament/muscle origins and insertions on the segment.
- 246 2. includes the m_2 3D coordinates of the contact points with the neighboring segments. Unlike the
247 ligaments which have fixed origin and insertion locations on the segments, the contact points
248 between the segments are not fixed. Instead, the solver has one fixed contact point on the
249 concave side of the joint, whereas the contact point on the convex side is determined for each
250 segment configuration. The solver identifies the closest point on the convex articulating surface
251 while considering the surface normals at the articulating zone. The kinematic solver uses a nearest
252 neighbor search to identify point in the convex cartilage layer that are close to and with a normal
253 in the opposite direction to a fixed contact point on the concave surface.
- 254 3. comprises the m_3 3D coordinates of the (marker) contact points on the segment with the skin
255 zones or with the rigid bone markers. Similar to the ligaments, these points have fixed locations
256 on the segments.

257 **Second point cloud: Force cloud**

258 To restate, during each iteration of the solver, the selected segment is virtually connected to the
259 environment (i.e. neighboring segments, bone/skin markers and the skin) through (straight) springs. Their
260 respective forces are determined from the anatomical atlas, the mechanical atlas and the motion guidance
261 data. To address the challenge of balancing forces, a new method has been developed to achieve
262 equilibrium within the interactions. To do so, the second point cloud or so called 'Force cloud'
263 $P_2(\{b_1, b_2, \dots, b_m\})$ is introduced (Figure 2 (2c)). The force cloud is a virtual point cloud of an equal number
264 of m points and encodes for the forces exerted on the segment by its neighboring structures. To obtain
265 the 3D coordinates of these points, a point cloud Q is initially specified, comprising the 3D coordinates of

266 ligament origins and insertions on neighboring segments, 3D coordinates of contact points on the
 267 neighboring segment, and 3D coordinates of measured bone/skin markers in 3D space or skin zones on
 268 the skin mesh (Figure 2 (2b)). The points of the second point cloud are positioned on the vector $\vec{v} = Q -$
 269 P_1 between the points of the segment under investigation P_1 and the corresponding point on the
 270 neighboring segment Q (Equation 1-5).

271 More specifically, first the vector \vec{v} is normalized ($\vec{w} = \frac{\vec{v}}{\|\vec{v}\|}$). Next, for each group (i.e. group 1:
 272 ligaments/muscles, group 2: contact, group 3: bone/skin marker and skin contact), the spring constants
 273 (k) are normalized by dividing it with the maximal spring constant of each group (Equation 1-3). Next, for
 274 the ligaments the 3D coordinates of the points in the force cloud are determined using equation 4 and 5.
 275 To balance the influence of different constraint types, the spring constants (k) for contact and bone/skin
 276 marker contact are normalized with the spring constant of the ligaments. This is achieved by multiplying
 277 the original spring constants by the ratio between the sum of all the ligaments spring constants to the sum
 278 of all the contact/bone-skin marker spring constants (Equation 2-3). To balance between different
 279 constraint types (i.e. ligaments, contact and markers), a scaling parameter is additionally applied
 280 ($\lambda_{type\ of\ constraint}$). The standard values for $\lambda_{ligament}$, $\lambda_{contact}$ and $\lambda_{marker/skin}$ are 1,1 and 1.

$$281 \quad k_{lig}^* = k_{lig} / \max(k_{lig}) \quad (1)$$

$$282 \quad k_{contact}^* = \frac{k_{contact}}{\max(k_{contact})} \cdot \frac{\sum k_{lig}^*}{\sum k_{contact} / \max(k_{contact})} \quad (2)$$

$$283 \quad k_{marker/skin}^* = \frac{k_{marker/skin}}{\max(k_{marker/skin})} \cdot \frac{\sum k_{lig}^*}{\sum k_{marker/skin} / \max(k_{marker/skin})} \quad (3)$$

284 With k_{lig} , $k_{contact}$ and $k_{marker/skin}$ the spring stiffness of the ligaments, contacts and rigid bone/skin or
 285 skin zones and k_{lig}^* , $k_{contact}^*$ and $k_{marker/skin}^*$ the normalized spring contacts of the ligaments, contacts
 286 and rigid bone/skin or skin zones.

287
$$P_2 = P_1 + \lambda_{type\ of\ constraint} d \cdot \vec{w} \quad \text{with } d \leq 1 \quad (4)$$

288 With P_1 and P_2 (size mx3) the 3D coordinates of the points in respectively point cloud 1 and the force
 289 cloud, w (size mx3) the normalized vector between the corresponding points on the selected segment and
 290 the neighboring segment, d (size mx1) distance along vector \vec{w} and $\lambda_{type\ of\ constraint}$ (size mx1) a scaling
 291 parameter to control the balance between different constraint types.

292 The distance d along the vector is defined by a non-linear relationship comprising the ligament/contact
 293 properties and the ligament/contact strain (Equation 5) [30].

294
$$d = \begin{cases} 0 & \varepsilon < 0 \\ k^* \cdot (d_{initial} - L_0)/2 & 0 \leq \varepsilon \leq 2 \cdot \varepsilon_l \\ k^* \cdot (d_{initial} - (1 + \varepsilon_l) \cdot L_0) & 2 \cdot \varepsilon_l < \varepsilon \end{cases} \quad (5)$$

295 With d distance along vector \vec{w} in equation 4, $d_{initial}$ the length of the vector \vec{v} , L_0 the rest length of the
 296 ligament, contact or marker/skin contact, k^* the normalized spring constant of the ligament, contact,
 297 marker/skin contact, ε_l threshold strain, which indicates the change from the toe to the linear regions in
 298 a stress/strain curve, ε the engineering strain defined by $\frac{d_{initial}-L_0}{L_0}$ and L the length of the ligament,
 299 contact or marker/skin contact. For simplicity, we assumed a threshold strain of 0.03 for all ligaments [31].

300 As final remark, when using the entire skin or specific skin areas to guide movement, the system verifies
 301 the direction of the vector (\vec{v}) to prevent the segment from penetrating the skin.

302 **Force balance – Determine the transformation matrix**

303 As final step of a single iteration of the soft tissue-integrated kinematic solver an isolated force balance is
 304 computed. In other words, we minimize the residual of the force equilibriums. This is done through a force
 305 balance analogy. By aligning the previously defined point cloud with the force cloud, we solve the force
 306 balance problem. More specific, the transformation matrix to rotate (T (size 3x3)) and translate (c (size

307 1x3)) the segment that minimizes the sum of squared errors between the rotated and translated point
 308 cloud and the force cloud is determined (Equation 6, Figure 2(3)).

309
$$\text{Determine } (T, c) \text{ so that it minimizes } (P_2 - (P_1 \cdot T + c))^2 \quad (6)$$

310 With P_1 and P_2 (size mx3) the points in respectively point cloud 1 and the force cloud, T a rotation
 311 matrix of size 3x3 and c the translation vector of size 1x3.

312 The alignment process is based on a Singular Value Decomposition (SVD) and utilizes a sum squared errors
 313 (SSE) as goodness of the fit (Equations 7-14). First, the center of the point clouds is determined (Equation
 314 7-8).

315
$$\mu_{P_2} = \frac{1}{m} \sum_{i=1}^m P_2 \quad (7)$$

316
$$\mu_{P_1} = \frac{1}{m} \sum_{i=1}^m P_1 \quad (8)$$

317 With P_1 and P_2 (size mx3) the points in respectively point cloud 1 and the force cloud, μ_{P_1} and μ_{P_2} the
 318 mean coordinate in 3D space of respectively the first point cloud P_1 and the force cloud P_2 .

319 Subsequently, the point cloud and force cloud are centered and normalized (Equation 9-10).

320
$$P_2^* = \frac{P_2 - \mu_{P_2}}{\|P_2 - \mu_{P_2}\|} \quad (9)$$

321
$$P_1^* = \frac{P_1 - \mu_{P_1}}{\|P_1 - \mu_{P_1}\|} \quad (10)$$

322 With P_1^* and P_2^* (size mx3) the 3D coordinates of the centered and normalized points of respectively point
 323 cloud 1 and the force cloud, μ_{P_1} and μ_{P_2} the mean coordinate in 3D space of respectively the first point
 324 cloud P_1 and the force cloud P_2 .

325 Next, the singular value decomposition (SVD) performed on the matrix product of the centered and
 326 normalized point clouds (Equation 11).

327
$$[L, D, M] = SVD(P_2^{*T} \cdot P_1^*) \quad (11)$$

328 With P_1^* and P_2^* (size $m \times 3$) the 3D coordinates of the centered and normalized points of respectively point
 329 cloud 1 and the force cloud, L the left singular vectors, D the singular values and M the right singular
 330 vectors.

331 Following, the rotation matrix that minimizes the sum of squared errors between point cloud 1 and the
 332 force cloud is computed from the left and right singular values (Equation 12).

333
$$T = M \cdot L^T \quad (12)$$

334 With T the rotation matrix of size 3×3 , L the left singular vectors and M the right singular vectors.

335 Finally, the translation vector is determined from the center of the force cloud and the rotated center of
 336 the first point cloud (Equation 13).

337
$$c = \mu_{P_2} - \mu_{P_1} \cdot T \quad (13)$$

338 With c the translation vector of size 1×3 , T the rotation matrix of size 3×3 , μ_{P_1} and μ_{P_2} the mean
 339 coordinate in 3D space of respectively the first point cloud P_1 and the force cloud P_2 .

340 Subsequently, the determined transformation (T, c) is applied to the selected segment (Equation 14,
 341 Figure 2(4)).

342
$$S_{new\ position} = S_{old\ position} \cdot T + c \quad (14)$$

343 With $S_{old\ position}$ and $S_{new\ position}$ (size $n \times 3$) the selected segment in respectively the old and new
 344 position and orientation, T a rotation matrix of size 3×3 , c the translation vector of size 1×3 , n the
 345 number of vertices of the selected segment.

346 The solver then repeats this process for the other segments of the system. For each selected segment, it
 347 determines the new positions and orientations based on the results from the previous iteration. Upon

348 updating all segment positions, the solver evaluates the proximity of transformations to identity matrices.
349 The proximity to identity matrices is assessed using a threshold on the maximum angular rotation and
350 translation. To do so, the rotation matrix T is decomposed into Euler angles (sequence: ZYX) (α , β and γ)
351 and the Euclidean norm of the translation vector c is computed. Convergence is established when both
352 the maximum rotation angle and the maximum translation error among all segments fall below a defined
353 threshold (Equation 15). Once convergence is achieved, the algorithm advances to the subsequent time
354 frame. Conversely, the process is repeated using the refined segment positions (Figure 2). This soft tissue-
355 integrated kinematic solver was implemented in MATLAB v2023a (MathWorks, Natick, MA, USA).

$$\max([\alpha_1, \dots, \alpha_N, \beta_1, \dots, \beta_N, \gamma_1, \dots, \gamma_N]) < \text{angle}_{\text{threshold}} \ \& \ \max([\|c_1\|, \dots, \|c_N\|]) < \text{translation}_{\text{threshold}}$$

357 (15)

358 With α_1 , β_1 and γ_1 and α_N , β_N and γ_N the decomposed Euler angles of the rotation matrix of respectively
359 the first segment and Nth segment, c_1 and c_N the translation vector of the first segment and Nth segment.
360 The $\text{angle}_{\text{threshold}}$ and $\text{translation}_{\text{threshold}}$ represents the maximum permissible rotation angle and
361 translation distance and were respectively set to 10^{-3} radians and to 10^{-5} m in the experiments discussed
362 in section 2.2.

363 To summarize, this section outlined the general principle of the kinematic solver. In the following sections,
364 the solver is applied in different use-cases (different body parts) and validation experiments to show its
365 capabilities. In these validation experiments, a more detailed overview of the involved anatomical and
366 mechanical atlases is provided.

367 **2.2 Validation experiments**

368 Three validation experiments (one in-vivo and two in-vitro) were conducted using ground truth bone
369 positions obtained from either CT or MRI scans. The soft tissue-integrated kinematic solver's accuracy was
370 measured by the absolute error on the rotations and translations between the ground truth values and

371 the solver's estimations. The first, in-vivo experiment focused on applying the soft tissue-integrated
372 kinematic solver to the lower limb and assessed its accuracy on the tibiofemoral joint angles and
373 translations. This first experiment (A) employed increasing numbers of rigid bone markers, which offer
374 clean motion data, to establish the optimal marker count for motion analysis in both underdetermined
375 and overdetermined systems. This enabled us to demonstrate the solver's effectiveness in handling
376 movement without skin artifacts or thus under ideal conditions. Considering this experiment involved
377 healthy volunteers, the imaging modality was MRI. Due to the limitations of the Field of View (FOV), the
378 complete skin surface could not be captured. Consequently, only rigid bone markers were employed in
379 this experiment. Further, this experiment was used to illustrate the possibility and effect of optimizing the
380 ligament properties on the solver's performance.

381 In a second validation experiment (B), an in-vitro experiment involving a cadaver knee, was particularly
382 designed to assess the solver's accuracy using skin zones as input rather than traditional sparse marker
383 data input. CT scans were acquired of the knee joint in various positions mimicking a squat. The
384 performance of the soft tissue-integrated kinematic solver was evaluated on tibiofemoral joint angles and
385 translations.

386 The final and third validation experiment (C) was designed to assess the soft tissue-integrated kinematic
387 solver capability for joints geometries different from the knee, namely the humeroulnar and radioulnar
388 joints. CT scans were acquired of the elbow joint in a series of positions spanning a large range of motion.

389 All experiments were conducted in accordance with the ethical principles outlined in the declaration of
390 Helsinki and scanning the subjects/cadavers was approved by the ethical committee (reference numbers:
391 B6702021000905 (in-vivo lower limb) and B670201421989 (in-vitro cadaver leg and cadaver arm)). Below
392 a description of every experiment is provided including the anatomical and mechanical atlases and the
393 motion guidance data.

394 **2.2.1. In-vivo validation experiment (A): Healthy Lower Limb performing squats in a MRI scanner**

395 In the first validation experiment, the novel soft tissue-integrated kinematic solver's performance was
396 evaluated on the tibiofemoral joint using rigid bone markers to guide the motion.

397 **Input data and pre-processing**

398 Data from 9 healthy subjects performing loaded lying-down squats during an MRI scan were used. The
399 detailed protocol and overview figure is available in [32]. Each participant underwent MRI scanning with
400 their knee in increasing flexion angles (0° , 30° , 60° , and 90°) while pressing the dominant leg's foot against
401 a wooden bar. A weight of 25 kg, roughly half the body weight, was attached to the leg. High-resolution
402 scans were acquired using a 3 Tesla Vantage Galan Canon® MRI machine. The scans had a pixel size of
403 $0.3571\text{ mm} \times 0.3571\text{ mm}$ and a slice thickness of 1.5 mm. The femur, patella, and tibia-fibula complex were
404 segmented using Audenaert et al.'s semi-automatic method, resulting in segmentation of dense
405 corresponding surface meshes for each subject [33]. For each subject, a knee flexion motion of 28 frames
406 was created. To do so, Principal Polynomial Shape Analysis (PPSA) was applied on the corresponding
407 meshes in the four available knee configurations and subsequently interpolated [34]. These additional
408 frames ensure the kinematic solver encounters manageable steps during its calculations. Only the four
409 actually measured knee configurations were used for evaluation, not the interpolated ones. Simulated
410 rigid bone marker trajectories were generated by identifying corresponding indices on the registered bony
411 structures, aligning with the bony landmarks. These indices were then used to extract the Euclidean
412 coordinates of the corresponding points throughout the motion.

413 **Anatomical and mechanical atlas**

414 A template model encompassing three segments (femur, patella, tibia-fibula complex), ligament and
415 muscle origin and insertions as well as contact conditions was created (details in Figure 4(A) and Table
416 A.1). The template model considered only the passive elastic properties of the quadriceps muscle, treating

417 it like a spring to oppose the force exerted by the patellar tendon. Non-rigid registration of this template
418 on the segmented bones mapped the template anatomical information onto the individual subjects' legs.
419 The required landmarks to compute the joint angles were defined by landmark transfer using in-house
420 available statistical shape models [35]. The mechanical information was kept fixed. Given the substantial
421 variability of ligament parameters reported in the literature, fixed spring constants were used. However,
422 the rest lengths of the ligaments and the skin markers were updated. The rest lengths of the ligaments
423 were determined with the leg in a straight position while taking into account the reference strains (Table
424 A.1). The rest lengths of the rigid bone markers were set to zero.

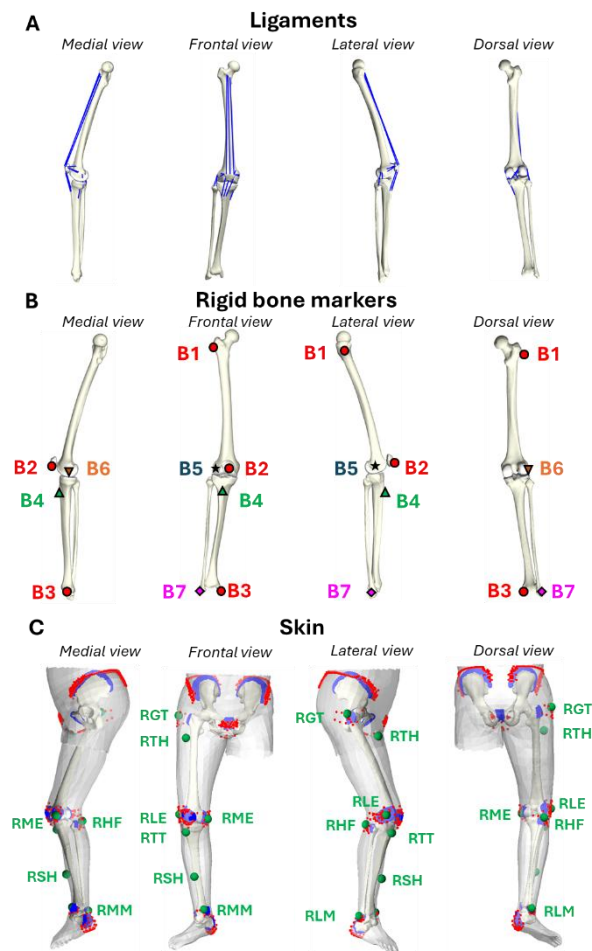
425 **Evaluation**

426 To evaluate the solver's accuracy with varying marker numbers, several virtual rigid marker set
427 combinations (visualized in Figure 4(B)) were imposed on every subject to guide the motion ranging from
428 3 to 7 markers.

429 As described in section 2.1, the soft tissue-integrated kinematic solver requires several input variables,
430 including the ratio between different constraint types, i.e. ligament, contact and marker constraints. To
431 evaluate the impact of this ratio, a grid search was conducted on a training set using the motion sequences
432 from a subset of 5 randomly selected subjects ($\lambda_{marker/skin}$ and $\lambda_{contact}$ were varied between 0.01 and
433 1.2). The search evaluated the Root Mean Square Error (RMSE) on both tibiofemoral joint angles and
434 translations, computed using the method of Grood and Suntay [36]. With the identified optimal constraint
435 ratio, the solver's performance was evaluated on a test set consisting of the remaining 4 subjects in the
436 four scanned positions.

437 Besides the constraint ratios, the soft tissue-integrated kinematic solver's performance also depends on
438 accurate ligament properties, in particular the spring stiffness and the rest length. While literature offers
439 various values, the reported range varies significantly across and within studies [37], [38]. To address this,

440 the possibility of and impact of an additional optimization step was explored on the same training and test
 441 set. In each frame, the bones were placed in their exact, known positions (ground truth). Utilizing the
 442 Nelder-Mead simplex algorithm, the stiffness of the ligaments were adjusted to minimize the amount of
 443 transformation (both translation and rotation) over all the frames for the training set of the five randomly
 444 selected subjects [39]. With the optimized ligament stiffnesses, we again evaluated the solver's
 445 performance on the test set (containing four subjects) in the four scanned positions.



446
 447 *Figure 4: Medial, frontal, lateral and dorsal view of the knee model, indicating the ligaments and*
 448 *muscles(A), the rigid bone markers (B) and the skin with the skin markers (C). For the rigid bone markers*
 449 *(B), the initial set of 3 markers is shown in red with captions B1, B2 and B3. Extra markers were*
 450 *incrementally added, indicated with the captions B4 to B7. For the skin (C), the skin zones and*

451 *corresponding bone points used for guiding the motion are illustrated with respectively red and blue*
452 *dots. Additionally, green markers and letters (R: Right, GT: Greater Trochanter, TH: Thigh, LE: Lateral*
453 *Epicondyle, ME: Medial Epicondyle, HF: Head of Fibula, TT: Tibial Tuberosity, SH: Shank, LM: Lateral*
454 *Malleolus, MM: Medial Malleolus) indicate the markers used for the inverse kinematic simulation with*
455 *the revolute joint.*

456 **2.2.2. In-vitro validation experiment (B): Cadaveric Lower Limb mimicking squats in a CT scanner**

457 The second validation experiment was designed to validate the soft tissue-integrated kinematic solver
458 driven by solely skin information rather than rigid markers.

459 **Input data and pre-processing**

460 A cadaveric leg (male, 96 year, 1.60m and 50 kg) was scanned in four incremental flexion positions (15°,
461 49°, 78°, and 113° knee flexion) using a CT scanner (Siemens® SOMATOM Definition Flash, pixel size of
462 0.9766 mm x 0.9766 mm and slice thickness 0.6 mm). Further, the leg was instrumented with 16 needles
463 in the subcutaneous fat (without affecting the range of motion) to allow for quantification of the skin
464 motion. Following the scanning procedure, the femur, patella, tibia-fibula complex, and skin were again
465 semi-automatically segmented and registered. Similar to Experiment A, a Principal Polynomial Shape
466 Analysis (PPSA) model was generated using each registered structure (femur, patella, tibia-fibula complex,
467 and skin) in the four original scan positions. Interpolation created a motion sequence with a 28 frames to
468 computationally capture the movement. Simulated rigid bone marker and skin marker trajectories were
469 generated by identifying corresponding indices on respectively the registered bony structures and
470 registered skin surface, aligning with the bony landmarks. These indices were then used to extract the
471 Euclidean coordinates of the corresponding points throughout the motion.

472 **Anatomical and mechanical atlas**

473 For the kinematic analysis, the same template model from Experiment A was employed (including the
474 same soft constraints), as well as identical marker configurations were applied to the leg (visualized in
475 Figure 4(B)). The rest lengths of the ligaments were determined with the leg in a straight position while
476 taking into account the reference strains (Table A.1). Additionally, several skin regions (skin zones) were
477 defined to evaluate the solver performance when driven by skin information as opposed to rigid markers
478 (illustrated in Figure 4(C)). For the latter 2 additional segments were added, namely the pelvis and the
479 talus-calcaneus complex. The rest lengths of the skin markers and the skin zones were determined in a
480 straight position using reference strains of 0%. The rest length of the rigid bone markers were set to zero.

481 **Evaluation**

482 To evaluate the model's accuracy, we calculated the absolute error between the predicted and ground
483 truth tibiofemoral joint angles and translations. Similar to the previous validation experiment, the joint
484 angles and translations were computed using the method of Grood and Suntay in the scanned 4 positions
485 [36].

486 The skin registration accuracy was evaluated using the position of needles as a reference (ground truth).
487 For each needle, the skin points (identified by their indices) nearest to the needle's midpoint in the initial
488 leg position were determined. Based on these indices, the anticipated locations of the needles in the
489 second, third, and fourth leg position were predicted. The Euclidean distance between the expected
490 position and the actual position of the needles relative to the registered skin in the first leg position was
491 then a measure for the error of the registration.

492 Additionally, we conducted a comparative analysis of our solver against the conventional inverse
493 kinematics with a revolute joint using both rigid bone markers and skin markers, as well as two computer
494 vision methods, i.e. OSSO and SKEL.

495 For the conventional inverse kinematics with a revolute joint, a musculoskeletal model was created in
496 AnyBody Modelling System (AMS) (v.8.0) (Anybody Technology A/S, Aalborg, Denmark). Three segments
497 were defined (i.e. femur, tibia-fibula and patella). Inverse kinematic analysis determined the segment
498 positions by minimizing the least-square difference between the simulated markers and the set of 7 rigid
499 bone markers described in Figure 4 (B). Throughout the kinematic analysis, the tibia-fibula complex had
500 six degrees of freedom relative to the global coordinate system. The tibiofemoral and patellofemoral joint
501 were modelled as revolute joints. The outputted positions of the bones were exported. Subsequently, the
502 joint angles and translations were calculated similar to described above and compared against the ground
503 truth. The same procedure was repeated with skin markers typically used in traditional motion capture
504 laboratory (Figure 4 (C), green markers).

505 Following, benchmarking with two recent computer vision methods was performed. OSSO and SKEL were
506 installed on a Ubuntu 22.04 with 144 CPU cores and 376 GiB RAM. For OSSO, a pre-registered STAR mesh
507 of the segmented skins surface served as input. OSSO first refits the pre-provided STAR mesh, then it
508 repositions the skin mesh to a supine position for skeleton estimation. To match the posed skin mesh, it
509 adjusts the position of the individual bones considering the distance to the posed skin mesh and a set of
510 predefined joint limitations. To enable SKEL to process data, a SMPL mesh was first fitted to the segmented
511 skin of the cadaver. SKEL then utilizes the fitted SMPL skin mesh as input and employs a regressor to re-rig
512 the SMPL body model with a biomechanics skeleton. This process optimizes both joint locations and bone
513 rotations for a more accurate representation. To enable a straightforward comparison between the joint
514 angles calculated by OSSO and SKEL and those determined by other methods, the same coordinate system
515 was used. To achieve this, the skeleton outputs of OSSO and SKEL were split into individual bony segments.
516 The required landmarks to compute the joint angles were defined by landmark transfer using in-house
517 available statistical shape models [35].

518 **2.2.3. In-vitro validation experiment (C): Cadaveric Upper limb flexion-extension/pro-supination in a CT**
519 **scanner**

520 **Input data and pre-processing**

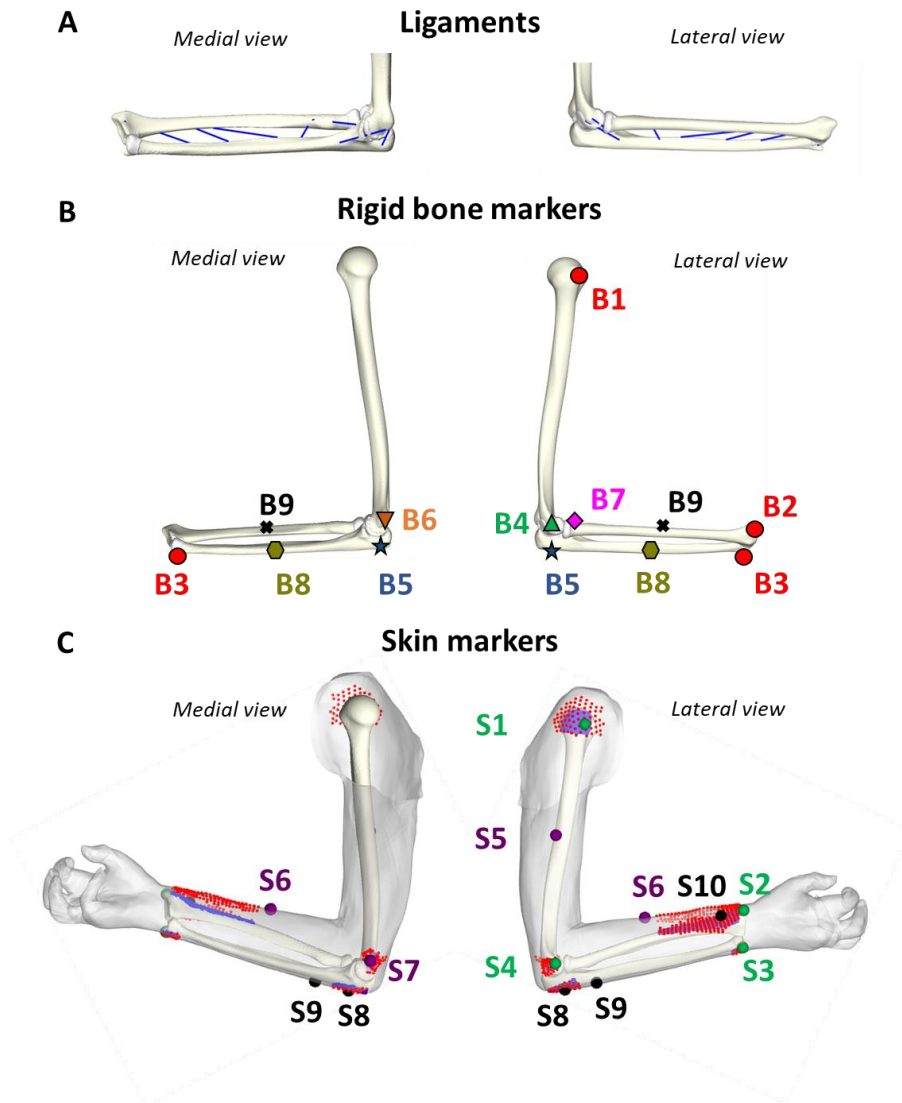
521 The final and third experiment was designed to assess the soft tissue-integrated kinematic solver capability
522 for joints geometries different from the knee and therefor comprised the elbow joint. Hereto, a cadaver
523 (female, 76 year, 1.70m and 52kg) was scanned in a CT scanner (Siemens® SOMATOM Definition Flash,
524 pixel size of 0.8594 mm x 0.8594 mm and slice thickness 0.6 mm). The arm was scanned in 11 distinct
525 positions, encompassing extension with pronation and supination as well as flexion at roughly 45, 90, and
526 135 degrees with the hand in neutral, fully pronated, and fully supinated positions. The humerus, ulna,
527 radius and skin were manually segmented and non-rigidly registered [33]. Similar to the first two
528 experiments, a Principal Polynomial Shape Analysis (PPSA) model was created based on the 11 scan
529 positions encompassing each structure (humerus, ulna, radius, and skin). Subsequently and similar to the
530 previous validation experiments, a high frequency motion sequence was interpolated (91 frame in this
531 experiment) and rigid bone marker and skin marker trajectories were simulated.

532 **Anatomical and mechanical atlas**

533 A template model of the upper limb, consisting of humerus, ulna and radius, ligaments and contact
534 conditions (details in Figure 5(A) and in Table A.2) was transferred to the available meshes. Again similar
535 to the previous experiments, the rest lengths of the ligaments are determined in a specific joint position
536 where the ligament length is equal to the ligament rest length or are determined by computing the rest
537 length based on a known ligament strain in a certain joint position (Table A.2). The rest lengths of the skin
538 markers are determined in the first frame of motion, which in the validation experiments corresponds to
539 the leg/arm in the straight position. The rest length of the rigid bone markers were set to zero.

540 **Evaluation**

541 To evaluate the impact of increasing number of rigid markers, several combinations of rigid marker sets,
542 were applied to each subject ranging from a minimal of 3 to 9 markers (depicted in Figure 5 (B)). Further,
543 the accuracy in bony positions predictions was also evaluated using different skin markers sets (indicated
544 with numbers 4, 7 and 10 in Figure 5 (C)) and dedicated skin regions. Subsequently, the humeroulnar and
545 ulnoradial joint angles were determined following the ISB recommendations [40]. For the 11 scanned
546 positions, the absolute error on the joint angles and translations were determined.



547

548 *Figure 5: Medial and lateral views of the elbow model, highlighting the ligaments (A) and the placement*
549 *of distinct markers: the rigid bone markers(B) and skin markers (C). (B) For the rigid bone markers, the*
550 *initial set of 3 markers is indicated in red and captions B1, B2 and B3. Extra markers were incrementally*
551 *added, indicated with the captions B4 to B9. (C) For the skin markers, sets of 4, 7 and 10 skin markers (S1-*
552 *S4, S1-S7 and S1-S10) are illustrated in addition to the skin zones (red dots) and corresponding bone points*
553 *(blue dots).*

554 **3. Results**

555 **3.1 In-vivo validation experiment (A): Healthy Lower Limb performing squats in a MRI scanner**

556 This experiment had three main goals: to assess optimal ratios between constraint parameters, to validate
557 the performance using rigid bone markers as input and to illustrate the impact of ligament property
558 optimization.

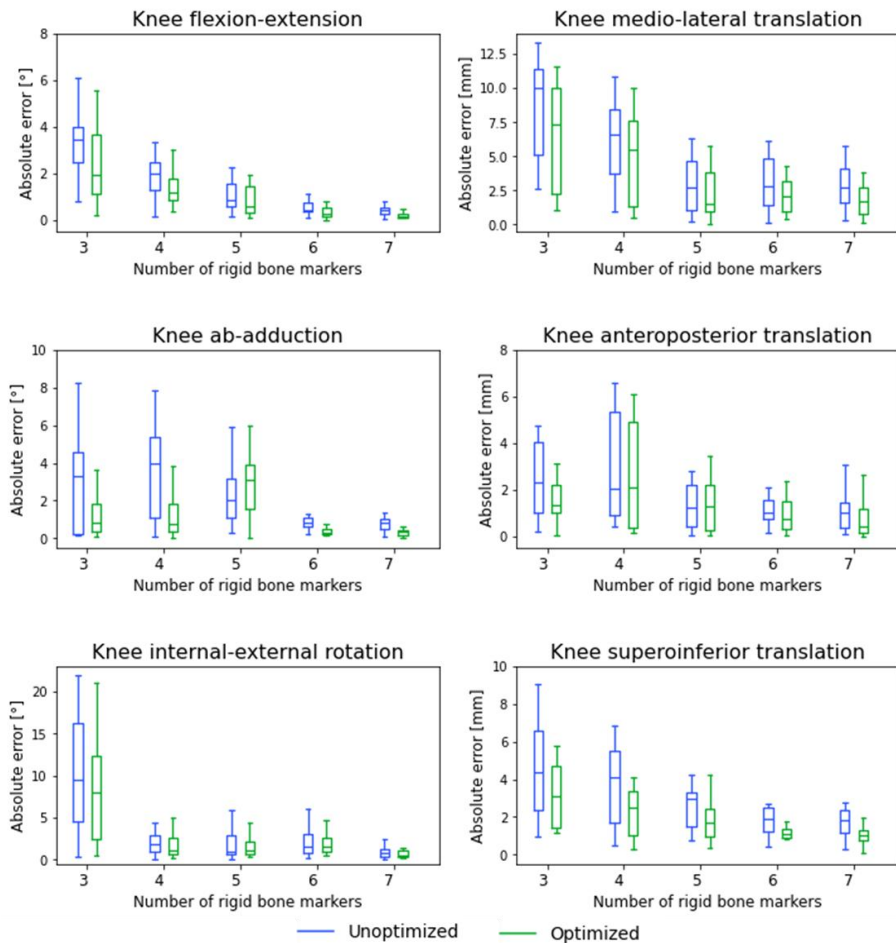
559 The grid search on the training set of in-vivo knees data set identified optimal ratios between different
560 constraint types ($\lambda_{ligament} = 1.0$, $\lambda_{contact} = 0.5$ and $\lambda_{marker/skin} = 1.0$). While this approach offers
561 the possibility to further refine the performance of the soft tissue-integrated kinematic solver, the overall
562 effect on the kinematic output, however, compared to a standard ratio of 1-1-1 in the current healthy
563 subject population was marginal ($<0.5^\circ$ RMSE).

564 The optimized constraint ratios were then utilized in the kinematic solver throughout the in-vivo
565 experiment on the test set. Figure 6 presents the absolute errors on the joint angles and translations. An
566 overview of the median errors and error ranges is provided in table B.1. Generally, increasing the number
567 of rigid bone markers led to a decrease in absolute errors for both joint angles and translations. Specifically,
568 the median error for flexion-extension, ab-adduction and internal-external rotation decreased from 3.42° ,
569 3.33° and 9.54° to 0.39° , 0.83° and 0.78° . Improvements were also observed in translation measurements.

570 Median errors for medio-lateral, anterior-posterior, and inferior-superior translation dropped from
571 9.98mm, 2.31mm, and 4.38mm to 2.74mm, 0.98mm, and 1.84mm, respectively.

572 The final goal of this experiment was to assess the impact of optimizing the ligament strengths. When
573 using the unoptimized ligament parameters obtained from literature, the error on the knee flexion is lower
574 than 1.5° in 18.75%, 37.50%, 68.75%, 100% and 100% of the frames for 3, 4, 5, 6 and 7 rigid bone markers.
575 Optimizing the ligament parameters resulted in ligament parameters that lie within the biomechanical
576 limits of human knees and a knee flexion error lower than 1.5° to 43.75%, 62.50%, 81.25%, 100% and
577 100% of the frames for 3, 4, 5, 6 and 7 rigid bone markers. Generally, optimizing ligament properties
578 reduced the absolute errors, with the exception of knee anterior-posterior translation and in the test case
579 of 5 rigid bone markers. Due to the limited amount of data, statistical significance testing was not
580 performed. The computation time for calculating the joint angles with unoptimized Matlab code without
581 parallel computing was about 17s per frame.

In-vivo Experiment: Rigid bone markers



582

583 *Figure 6: The absolute errors on the estimation of the flexion-extension, ab-adduction, internal-external*
 584 *rotation, medio-lateral translation, anteroposterior translation and superoinferior translation for the 4*
 585 *acquired positions for different number of rigid bone markers using both unoptimized and optimized*
 586 *ligament parameters.*

587 3.2 In-vitro validation experiment (B): Cadaveric Lower Limb performing squats in a CT scanner

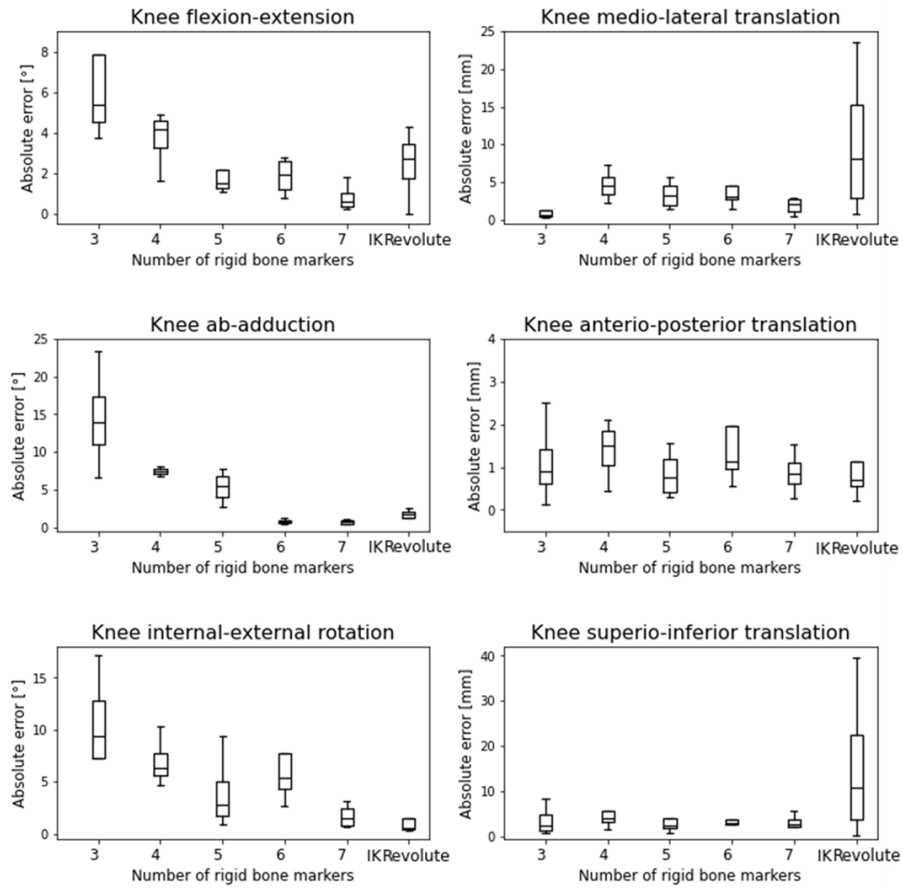
588 This experiment evaluated the performance of the soft tissue-integrated kinematic solver utilizing
 589 different amounts of rigid bone markers as well as skin mesh information ('skin zones') to analyze knee
 590 kinematics during squat. Figures 7 and 8 depict the absolute errors for the rigid bone markers and skin
 591 zones, respectively. Table B.2 summarizes the median errors and error ranges across all configurations and

592 for the different kinematic solvers (i.e. soft tissue-integrated kinematic solver, traditional inverse
593 kinematics using a revolute joint, OSSO and SKEL) used. Generally, increasing the number of rigid bone
594 markers led to a decrease in absolute errors for both joint angles and translations. Specifically, the median
595 error for flexion-extension, ab-adduction and internal-external rotation decreased from 5.38°, 13.89° and
596 9.34° to 0.59°, 0.74° and 1.48°. The revolute joint using rigid bone markers demonstrated a median knee
597 flexion error of 2.72°. When using skin zones (illustrated in Figure 2(C)), rather than rigid bone markers,
598 the median errors of the respective rotations slightly increased to respectively 0.85°, 3.00° and 3.08°. The
599 skin surface based computer vision approaches, OSSO and SKEL, showed both higher rotation and
600 translation errors than the soft tissue-integrated kinematic solver utilizing dedicated skin zones. Utilizing
601 a marker protocol typically implemented in standard motion laboratories, the traditional inverse
602 kinematics with a revolute joint showed a median knee flexion error of 7.29°.

603 The registration errors when fitting our template mesh to the skin in the different scan positions averaged
604 at 16.5mm, 23.1mm, and 34.9mm for position 2, 3, and 4, respectively. The largest errors were found in
605 the upper thigh region. Fitting STAR and SMPL to execute OSSO and SKEL yielded respectively mean errors
606 of 28.1mm and 28.9mm for position 2, 30.8mm and 31.6mm for position 3, and 38.6mm and 40.1mm, for
607 position 4.

608 The unoptimized Matlab code without parallel computing took on average 28 seconds per frame to
609 position the 5 segments. After fitting STAR, OSSO required 177 seconds to reposition the skin to a lying
610 down position, fit the skeleton in the lying pose, and then realign the skeleton (21 groups of bones) to
611 match the adjusted skin. SKEL inferred the complete skeleton (24 bones with 46 degrees of freedom) in
612 on average 103 seconds per frame after fitting SMPL. The traditional inverse kinematics approach
613 implemented in the AMS solved the femur, tibia, and patellar position in on average 0.05 seconds per
614 frame.

In-vitro cadaver squat: Bone markers



615

616 *Figure 7: The absolute errors in estimating the flexion-extension, abduction-adduction, internal-external*

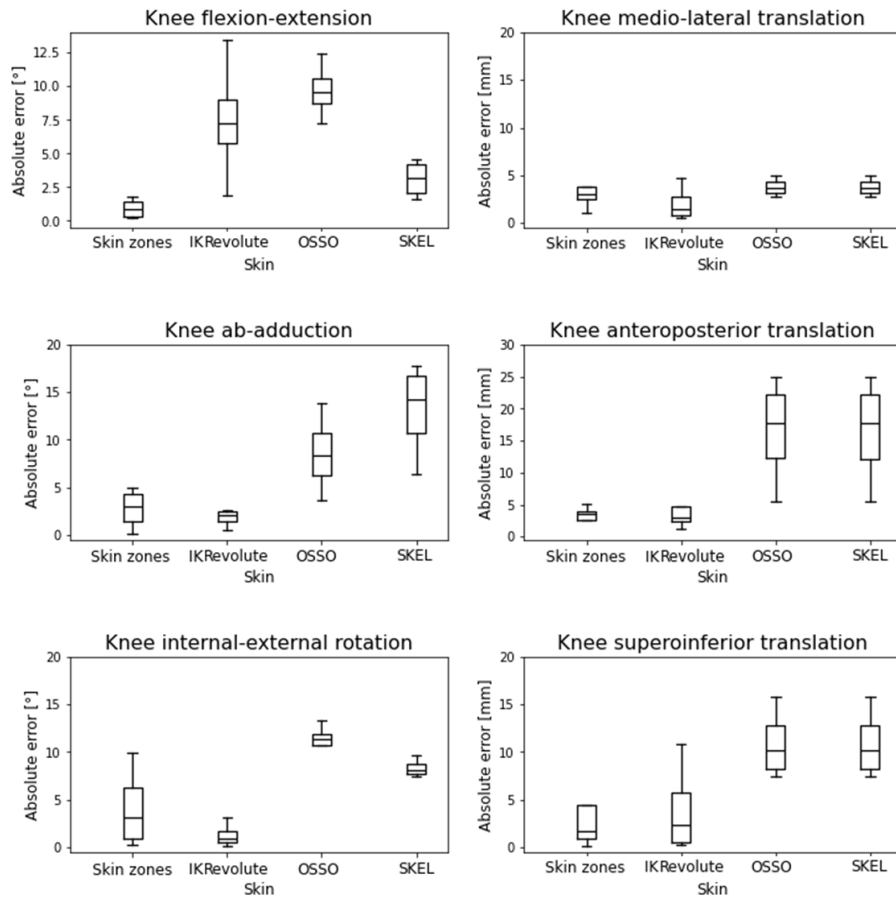
617 *rotation, medio-lateral translation, anteroposterior translation, and superoinferior translation of the*

618 *tibiofemoral joint for the 4 acquired positions for varying number of rigid bone markers. This includes*

619 *assessments using unoptimized ligament parameters in the soft tissue -integrated kinematic solver, as well*

620 *as the absolute error using the traditional Inverse Kinematics (IK) with a revolute joint.*

In-vitro cadaver squat: Skin markers

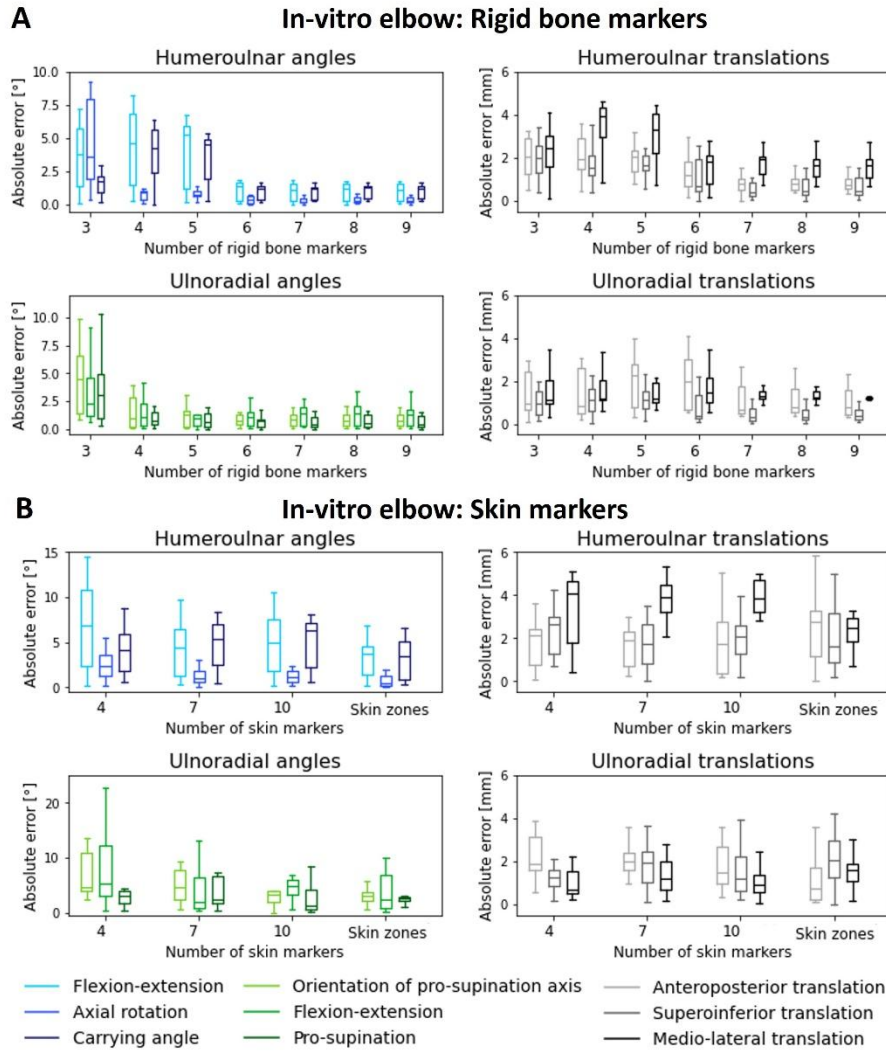


621
 622 *Figure 8: The absolute errors in estimating the flexion-extension, abduction-adduction, internal-external*
 623 *rotation, medio-lateral translation, anteroposterior translation, and superoinferior translation of the*
 624 *tibiofemoral joint for the 4 acquired positions. This includes the absolute error using unoptimized ligament*
 625 *parameters in the soft tissue -integrated kinematic solver using skin zones as input, as well as when using*
 626 *the traditional Inverse Kinematics (IK) with a revolute joint and two computer vision methods: OSSO and*
 627 *SKEL.*

628 3.3 In-vitro validation experiment (C): Cadaveric Upper limb flexion-extension/pro-supination 629 in a CT scanner

630 The final validation experiment aimed to assess the solver's performance on a joint beyond the knee,
 631 specifically focusing on a complex coupled joint, namely the elbow joint. The performance was evaluated

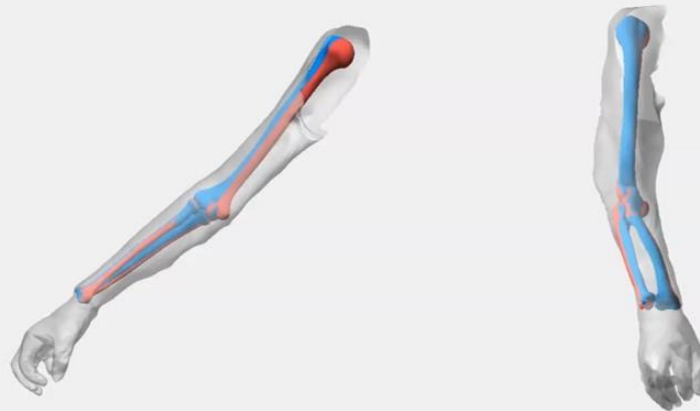
632 under various configurations involving different amounts of rigid bone markers, varying number of skin
633 markers and skin zones. A visual representation of the absolute errors can be found in Figure 9, while a
634 detailed overview can be found in table B.3. The optimized ratios between different constraint types were
635 kept the same as in the earlier described in-vivo experiment. With six or more rigid bone markers, the soft
636 tissue-integrated kinematic solver's error in solving the 18-degree-of-freedom system reaches a plateau.
637 The median error for the two dominant joint angles stabilizes starting from 6 rigid bone markers, ranging
638 between 1.09 and 1.44 degrees for humeroulnar flexion and between 0.84 and 1.13 degrees for ulnoradial
639 pronation-supination. Similar trends were observed for non-dominant movement patterns with the
640 median absolute error on the humeroulnar axial rotation ranging between 0.24 and 0.38 degrees and the
641 error on the orientation of the pro-supination axis between 1.43 and 1.59 degrees. Incorporating skin
642 zones instead of rigid bone markers increased the median error largely. Using skin zones resulted in a
643 median error increase to 3.80 degrees for humeroulnar flexion-extension and 2.94 degrees for ulnoradial
644 pronation-supination. A movie of the validation experiment with skin zones, including both ground truth
645 and predicted bony positions can be found in Video 1. For this 18-degree-of-freedom system with
646 unoptimized Matlab code and no parallel processing, calculating the joint angles and translations took per
647 frame on average 6.4 seconds with 9 rigid bone markers and 4.5 seconds when driven by the skin zones.
648



649

650 *Figure 9: The absolute errors on the estimation of the humeroulnar and ulnoradial angles and translations*
 651 *for the 11 acquired positions for different sets of rigid bone markers (A) and skin markers (B).*

Results of the soft tissue-informed kinematic solver



Ground truth positions of Humerus, Ulna, and Radius

Predicted positions of Humerus, Ulna, and Radius from skin zones

652

653 *Video 1: In the movie, the skin is illustrated in grey and the ground truth bony positions are shown in blue.*

654 *The predicted positions of the humerus, ulna and, radius are indicated in red.*

655 (<https://doi.org/10.5281/zenodo.11350837>.)

656

657 **4. Discussion**

658 This paper presents a soft tissue-integrated kinematic solver that operates on segment definitions rather
659 than joint definitions and incorporates soft tissue structures such as ligaments, cartilage and muscles. The
660 input of this soft tissue-integrated kinematic solver expands beyond bone markers and reflective skin
661 markers. It can also directly analyze the skeletal motion from skin surfaces meshes, using designated skin
662 zones that contribute to determining the underlying bone positions. The proposed methodology
663 demonstrated good agreement with the ground truth in three experiments (one in-vivo and two in-vitro
664 experiments). Compared to current state-of-the-art methods (i.e. inverse kinematics with a revolute joint
665 and computer vision approached (OSSO and SKEL)), our method delivers almost without exception equal
666 or improved results.

667 **4.1 Rigid bone marker validation**

668 Both the in-vitro and in-vivo experiments employed rigid bone markers to solve the position of three bones
669 for a total of 18 degrees of freedom. Using three rigid bone markers, the soft tissue-integrated kinematic
670 solver solves an underdetermined system. Nevertheless, the error on the main movement (flexion-
671 extension in the knee and humeroulnar joint) remains reasonable with errors lower than 7.5 degrees. As
672 expected, incorporating more markers consistently reduces errors in joint angles and translations. For
673 example, adding a fifth rigid bone marker in the in-vivo experiment largely reduces the error on the
674 mediolateral translation. The fifth rigid bone marker was placed at the lateral epicondyle, which plays an
675 important role in tracking this specific outcome parameter. Interestingly, further increasing the number of
676 markers yield marginal additional improvement in accuracy. The latter shows the potential of the soft
677 tissue-integrated kinematic solver, to robustly solve 6 DOF of both tibia and femur with only 4 rigid bone
678 markers attached to these structures. Similarly, in the in-vitro cadaver elbow experiment the ulnoradial
679 and humeroulnar joint angles did not improve extensively after adding respectively the 5th and 6th rigid

680 bone marker to solve the 18 DOF system. In the in-vitro cadaver leg experiment, the soft tissue-integrated
681 kinematic solver was assessed next to the traditional inverse kinematics approach with a revolute joint.
682 When sufficient (more than 4) rigid bone markers were used, the proposed kinematic solver performed
683 similar or even better than the revolute joint for the main motion (i.e. tibiofemoral flexion). The
684 implemented revolute joints used a fixed axis, which resulted in higher errors in the deep flexion than
685 would a floating axis revolute joint have been implemented. The low error in the revolute joint's abduction,
686 adduction, and internal/external rotation measurements reflects the limited range of these rotations
687 during the studied squatting motion. Unlike the soft tissue-integrated kinematic solver that considers all
688 possible movements, a revolute joint inherently restricts these rotations.

689 **4.2 Skin marker/skin zones validation**

690 Compared to rigid bone markers, both skin markers and complete skin analysis produce higher errors. This
691 can be attributed to the inherent noise present in skin movement data, which is absent in the rigid bone
692 marker data. Unlike rigid bone markers that are directly attached to the underlying skeletal structure, skin
693 is subject to movement artifacts arising from soft tissue deformation, muscle contractions, and skin
694 slippage relative to the bone. These factors introduce variability and noise into the skin motion data that
695 are not present in the direct, rigid tracking of bone markers. The soft tissue-integrated kinematic solver
696 outperforms the revolute joint in tibiofemoral flexion. The proposed kinematic solver considers data from
697 several skin regions, providing a more comprehensive view of the movement compared to the traditional
698 method (i.e. using reflective markers on the skin in combination inverse kinematics with a revolute joint)
699 which relies on data of individual points. Again, similar to the rigid bone markers, the revolute joint's fixed
700 axis hampers the accuracy in deep flexion. Further, the soft tissue-integrated kinematic solver
701 demonstrated a closer agreement with ground truth data for biomechanical applications compared to
702 existing computer vision methods (OSSO and SKEL). While SKEL surpasses OSSO in capturing knee flexion,
703 their performance is comparable for other degrees of freedom. This likely stems from SKEL's skeletal

704 model, which represents the knee as a single degree of freedom joint with coupled rotations and
705 translations, based on the joint kinematic parameterizations [41], [42]. In contrast, OSSO utilizes a ball-
706 and-socket joint combined with a simplified representation of the knee ligaments.

707 **4.3 Comparison with State-of-the-Art Methods**

708 Beyond traditional marker-based systems and 4D scanners/mesh based systems, various markerless
709 technologies exist. Examples include vision-based systems (e.g. Theia Markerless) and sensor-based
710 systems (e.g. Inertial Measurement Units (IMUs)). Theia, leverages on deep learning to infer 3D skeletal
711 pose from synchronized video cameras. Kanko et al. compared Theia's accuracy to a marker-based system
712 for tibiofemoral kinematics during running. Their study, using 8 cameras and analyzing two running
713 sequences from 21 participants, reported root-mean square errors of 4.2°, 7.2°, and 9.4° for flexion-
714 extension, abduction-adduction, and internal-external rotation, respectively [43]. Likewise, the sensor-
715 based systems have been evaluated. Antules et al. found a mean absolute error of 2.6 degrees on knee
716 flexion when performing a standing knee bend [44]. Cordillet et al. on the other hand found that the knee
717 flexion error stays below 3.8° while the mean knee internal/external rotation and knee ab-adduction error
718 was respectively 6.65° and 5.92° during a pedaling motion [45]. Lastly, Mihcin et al. reported a maximum
719 RMSE of 5.9° for in vivo knee flexion motion during activities of daily living when comparing IMUs and a
720 marker-based system [46]. It is important to note that the vision- and sensor-based systems were
721 evaluated against marker-based ground truth data, whereas our kinematic solver is compared to MRI data.
722 Despite this difference in comparison standards, these results suggest that the introduced soft-tissue -
723 integrated kinematic solver, using skin regions, provides an improved accuracy.

724 On the other hand, in traditional biomechanics, numerous efforts have been undertaken to improve on
725 the traditional kinematic solvers. An example is Force Dependent Kinematics (FDK) [12]. FDK starts with
726 an initial estimate of the primary movement. This estimate is then used in a process called 'Inverse

727 Dynamics' to concurrently estimate the muscle, ligament and joint contact forces with the secondary
728 kinematics. Dejtjar et al. (2020) implemented this method for the tibiofemoral and patellofemoral joint.
729 Their in-vivo validation study using skin markers reported a mean error of $-2.08^\circ \pm 0.10^\circ$ for abduction-
730 adduction and $1.77^\circ \pm 0.86^\circ$ for internal-external rotation, which is lower than the errors obtained with
731 the soft tissue-integrated kinematic solver. Implementing this method for the in-vitro cadaver experiment
732 was not possible as we did not have exact reaction forces at the feet. Further, Dejtjar et al. tested 4 healthy
733 individuals and therefore included active muscle forces. In this study a cadaveric leg was used.
734 Consequently, there were no active muscle contributions. The FDK methodology intrinsically balances
735 muscle, soft tissue, and joint reaction forces while optimizing secondary kinematics. Consequently,
736 omitting muscles from the model disrupts this balancing mechanism. While FDK leverages kinematic
737 analysis with revolute joint as a starting point, the proposed solver offers more precise input data. This
738 opens doors for future studies to combine the strengths of both methods, potentially leading to faster and
739 more accurate results.

740 **4.4 Performance sensitivity and computation time**

741 The findings and solver performance for all systems highly depend on the quality and extent of input data
742 driving the solvers. Three particular issues, namely skin registration, the definition and number of
743 segments and their respective soft tissue properties are of high importance and impact on the accuracy
744 and the computational efficiency for all systems in a varying degree.

745 A first critical consideration is skin registration when utilizing individual skin zones as input. Accurate
746 registration of soft tissue remains a challenge. The STAR and SMPL fitting exhibit larger registration errors.
747 This is likely due to the use of a limited number of model components (blend shapes). These blend shapes
748 did not capture the full complexity of human skin, leading to discrepancies between the model and real
749 anatomy. The registration errors impact the downstream results. For instance, the OSSO approach utilizes

750 "skin to skeleton pairs," where a single skin vertex is linked to a single skeletal vertex. In our approach,
751 similarly skin-bone correspondence is defined to guide the motion. Consequently, registration inaccuracies
752 can heavily influence the final outcome.

753 Further, in biomechanical research, the vast differences in the reported soft tissue strength parameters
754 across the literature presents a challenge [37], [38]. To counter this, we optimized the ligament parameters
755 specifically for the in-vivo dataset. This optimization kept the ligament parameters within the physiological
756 range and generally reduced errors, with the exception of knee anterior-posterior translation and in the
757 test case of 5 rigid bone markers. This finding suggests that either more detailed information or a closer
758 examination of specific ligament parameters is necessary for this soft tissue-integrated kinematic solver.

759 Comparing the computational efficiency across the different methods is challenging due to the variations
760 in the skeleton complexity (i.e. full skeleton represented with 21 segments and 24 segments in respectively
761 OSSO and SKEL versus limited amount of segments in the soft tissue-integrated kinematic solver and when
762 employing the revolute joint). Our method exhibits similar computation times to SKEL and OSSO. However,
763 it is important to acknowledge that our method is under development, and further optimization is
764 anticipated. Despite this, our approach demonstrates improved biomechanical output by incorporating
765 soft tissue structures while maintaining comparable computational efficiency to existing methods.

766 **4.5 Strengths**

767 The presented soft tissue-integrated kinematic solver offers several key strengths that address limitations
768 inherent in conventional biomechanical methods. Unlike traditional approaches that often rely on
769 simplified, hard joint constraints, our solver operates directly on segment definitions and explicitly
770 incorporates the influence of relevant soft tissue structures (i.e., ligaments, tendons, cartilage contact,
771 fascia regions) modeled as springs between the segment and its neighboring segments and/or skin. This
772 core mechanism enables the exploration of a more complete spectrum of human movement,

773 encompassing all degrees of freedom while guiding the motion in a biologically meaningful way. This
774 physiological constraint-based approach acts as a regulator, effectively preventing the calculation of
775 unreasonable or physically implausible joint angles, a common issue with inverse kinematics and overly
776 simplified joint definitions [47], [48]. Consequently, this inherent stability and physiological grounding lead
777 to more realistic and reliable simulations of human movement across a wide range of activities and joints.

778 **4.5 Limitations and future work**

779 While this study offers valuable insights into the potential of the soft tissue-integrated kinematic solver, it
780 is important to acknowledge some inherent limitations in the validation. While the study explores both in-
781 vitro and in-vivo settings, only one experiment utilized real-world data (in-vivo). Future work includes
782 testing subjects in both traditional and non-traditional Activities of Daily Living, and more challenging sport
783 motions [49], [50]. Further, the amount of subjects within each experiment was limited. This restricts the
784 ability to draw statistically significant conclusions regarding the performance of different marker setups or
785 comparisons between experiments. Moreover, the in-vivo data collection focused on a side-lying position.
786 Additionally, for the skin marker experiments, we virtually generated skin marker trajectories. While these
787 trajectories incorporate a certain degree of skin motion error due to the imperfect registration of the skin
788 meshes, they do not fully replicate the soft tissue artifacts observed in real skin marker trajectories. Future
789 research involves testing the methodology with actual skin markers.

790 To fully implement the current methodology, knowledge of the subject's bony anatomy is essential. To
791 address this limitation, future research will focus on developing a method to infer the underlying skeleton
792 from skin surface data using 3D input data from either MRI or CT. In contrast to OSSO and SKEL, which
793 utilize bone groups resulting in less than 25 segments for the entire skeleton, our approach will ensure a
794 higher level of anatomical detail by working with individually and non-rigidly registered bones. When
795 utilizing skin marker data, individual anatomical information will still be necessary. Consequently, future

796 work includes exploring a similar approach to Di Pietro et al. to scale a standardized skeletal model using
797 the inferred markers [51].

798 **5. Conclusion**

799 This paper introduced a soft tissue-integrated kinematic solver. Unlike conventional biomechanical
800 methods relying on hard joint constraints, this solver operates on segment definitions and incorporates
801 relevant soft tissue structures. This enables the exploration of all degrees of freedom while maintaining
802 computational efficiency. Furthermore, the solver facilitates the analysis of both marker and skin data.
803 Future work includes verifying the soft tissue-integrated kinematic solver using full body 4D scans as input.

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808 **Conflict of interest statement**

809 The authors declare no competing interests.

810 **Author Contribution**

811 All authors have made substantial contributions to all of the following: (1) the conception and design of
812 the study, or acquisition of data, or analysis and interpretation of data, (2) drafting the article or revising
813 it critically for important intellectual content, (3) final approval of the version to be submitted.

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962 **Appendix A**

Ligaments	Spring stiffness (N)	Reference strain (-)	Optimized spring stiffness (N)
Superior medial collateral ligament	5500	0.01	-2.28%
Dorsal medial collateral ligament	2750	0.07	-6.73%
Posterior capsule medial	2000	0.07	-1.58%
Anterolateral ligament	4000	0.03	-8.83%
Lateral collateral ligament	6000	0.13	-9.05%
Posterior capsule	1000	0.07	-0.36%
Anterior Cruciate ligament	10000	0.06	-11.57%
Posterior Cruciate ligament	18000	-0.02	+55.47%
Medial patellar femoral ligament	6000	0.08	-12.08%
Lateral patellar femoral ligament	4000	0.06	-0.80%
Patellar tendon	12000	0	-22.47%
Muscles			
Vastus lateralis	4000	0	+66.46%
Vastus medialis	4000	0	-58.54%
Vastus Intermedius	4000	0	-58.39%
Vastus medialis oblique	4000	0	-58.54%
Contacts			
Femur - Medial Tibia plateau	25000	0	
Femur - Lateral Tibia plateau	25000	0	
Femur - Medial meniscus anterior horn	25000	0	
Femur - Medial meniscus posterior horn	25000	0	
Femur - Lateral meniscus anterior horn	25000	0	
Femur - Lateral meniscus posterior horn	25000	0	
Femur - Patella	25000	0	

963 *Table 1: The soft tissue and contact conditions for the template model of the lower limb for the in-vivo and*
 964 *in-vitro validation experiments for rigid bone markers.*

965 Ligament properties: D. L. Dejtjar, C. M. Dzialo, P. H. Pedersen, K. K. Jensen, M. K. Fleron, and M. S. Andersen,
 966 “Development and evaluation of a subject-specific lower limb model with an eleven-degrees-of-freedom natural
 967 knee model using magnetic resonance and biplanar x-ray imaging during a quasi-static lunge,” *J Biomech Eng*, vol.
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Ligaments	Spring stiffness (N/mm)	Reference strain (-)
Lateral collateral ligament	57	0 at 110° flexion
Anterior medial collateral ligament	72.3	0 at 20° flexion
Posterior medial collateral ligament	52.2	0 at 98° flexion
Radial collateral ligament	15.5	0.02
Interosseus ligaments (4 bundles)	16.25	0.005
Dorsal distal radioulnar ligament	13.2	0.02
Volar distal radioulnar ligament	50.75	0.02
Oblique cord	65	0.005
Contacts		
Radius-Humerus	25	0
Ulna – Humerus trochlea medial part (2 contacts)	25	0
Ulna – Humerus trochlea lateral part (2 contacts)	25	0

970 *Table 2: The soft tissue and contact conditions for the template model of the upper limb for the in-vitro*
971 *validation experiments.*

972 Ligament parameters: J. P. Fisk and J. S. Wayne, "Development and validation of a computational musculoskeletal
973 model of the elbow and forearm," *Ann Biomed Eng*, vol. 37, no. 4, pp. 803–812, Apr. 2009, doi: 10.1007/s10439-009-
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975

976 **Appendix B**

977 **In-vivo validation experiment (A): Healthy Lower Limb performing squats in a MRI scanner**

		Number of rigid bone markers				
		3	4	5	6	7
Flexion-extension [°]	unoptimized	3.42 (0.79-6.76)	1.99 (0.15-3.34)	0.84 (0.13-2.25)	0.42 (0.07-1.11)	0.39 (0.04-0.82)
	optimized	1.91 (0.19-5.56)	1.19 (0.36-3.16)	0.56 (0.07-1.91)	0.25 (0.00-0.77)	0.16 (0.06-0.45)
Ab-adduction [°]	unoptimized	3.33 (0.13-8.25)	3.96 (0.11-7.85)	2.01 (0.26-8.23)	0.82 (0.24-1.30)	0.83 (0.11-1.40)
	optimized	0.83 (0.07-4.16)	0.79 (0.03-3.86)	3.12 (0.05-5.97)	0.29 (0.13-0.74)	0.33 (0.01-0.63)
Internal-external rotation [°]	unoptimized	9.54 (0.38-21.90)	1.82 (0.00-7.92)	1.04 (0.03-9.86)	1.60 (0.23-6.04)	0.78 (0.09-2.49)
	optimized	8.07 (0.57-21.06)	1.19 (0.20-11.21)	1.16 (0.36-8.68)	1.52 (0.48-4.76)	0.56 (0.15-2.14)
Medio-lateral translation [mm]	unoptimized	9.98 (2.68-13.32)	6.65 (0.93-10.89)	2.76 (0.23-6.35)	2.82 (0.10-6.10)	2.75 (0.28-5.79)
	optimized	7.31 (1.07-11.61)	5.50 (0.54-9.98)	1.52 (0.05-5.81)	2.10 (0.38-4.30)	1.68 (0.12-3.80)
Antero-posterior translation [mm]	unoptimized	2.31 (0.18-4.77)	2.05 (0.39-6.57)	1.22 (0.02-5.22)	1.01 (0.15-3.43)	0.98 (0.07-3.08)
	optimized	1.33 (0.03-4.64)	2.07 (0.13-6.09)	1.25 (0.01-5.10)	0.74 (0.04-3.37)	0.43 (0.01-2.63)
Supero-inferior translation [mm]	unoptimized	4.38 (0.98-9.03)	4.12 (0.50-6.87)	2.99 (0.77-4.25)	1.90 (0.39-2.70)	1.85 (0.31-2.73)
	optimized	3.12 (1.17-5.75)	2.51 (0.26-4.10)	1.72 (0.35-4.22)	1.12 (0.01-2.17)	1.02 (0.12-1.96)

978
 979 *Table 1: The median and range of the absolute errors on the estimation of the flexion-extension, ab-*
 980 *adduction, internal-external rotation, medio-lateral translation, anteroposterior translation and*
 981 *superoinferior translation for the 4 acquired positions for different numbers of rigid bone markers using*
 982 *both unoptimized and optimized ligament parameters.*

983

984 **In-vitro validation experiment (B): Cadaveric Lower Limb performing squats in a CT scanner**

985

	Rigid bone markers						Skin			
	3	4	5	6	7	Revolute (Bone)	Skin zones	Revolute (Skin)	OSSO	SKEL
Flexion-extension [°]	5.38 (3.73-13.33)	4.13 (1.63-4.88)	1.49 (1.07-3.53)	1.90 (0.78-2.78)	0.59 (0.20-1.81)	2.72 (0.00-4.27)	0.85 (0.25-1.78)	7.29 (1.91-13.42)	9.59 (7.26-12.41)	3.19 (1.17-4.56)
Ab-adduction [°]	13.89 (6.57-23.41)	7.36 (6.72-8.07)	5.49 (2.68-7.82)	0.77 (0.42-1.24)	0.74 (0.40-1.10)	1.73 (0.15-2.63)	3.00 (0.15-4.96)	2.10 (0.55-2.56)	8.38 (3.64-13.82)	14.27 (6.38-17.72)
Internal-external rotation [°]	9.34 (7.29-17.18)	6.36 (4.68-10.37)	2.77 (0.94-9.38)	5.39 (2.69-13.34)	1.48 (0.61-3.08)	0.54 (0.25-4.06)	3.08 (0.27-9.91)	0.86 (0.18-3.15)	11.32 (8.83-13.26)	8.12 (7.49-9.63)
Medio-lateral translation [mm]	0.60 (0.35-3.43)	4.46 (2.17-7.23)	3.15 (1.47-5.62)	3.08 (1.48-8.83)	2.01 (0.41-2.92)	8.02 (0.73-23.61)	3.03 (1.04-6.05)	1.45 (0.56-4.68)	3.71 (2.76-4.98)	3.70 (2.75-4.97)
Superoinferior translation [mm]	0.91 (0.13-2.51)	1.50 (0.44-2.10)	0.75 (0.30-1.57)	1.13 (0.55-4.33)	0.84 (0.27-1.53)	0.69 (0.21-2.46)	3.52 (0.13-5.05)	3.01 (1.26-8.96)	17.84 (5.55-25.01)	17.82 (5.54-24.99)
Anteroposterior translation [mm]	2.50 (0.84-8.28)	3.99 (1.61-9.72)	2.47 (0.87-7.70)	2.89 (2.59-6.06)	2.59 (2.14-5.71)	10.90 (0.17-39.58)	1.75 (0.08-10.80)	2.37 (0.27-10.87)	10.16 (7.46-15.78)	10.14 (7.43-15.78)

986 *Table 2: The median and range of the absolute errors on the estimation of the flexion-extension, ab-adduction, internal-external rotation, medio-*
 987 *lateral translation, anteroposterior translation and superoinferior translation for the 4 acquired positions for different numbers of rigid bone*
 988 *markers and skin zones for the soft tissue-integrated kinematic solver, revolute joint with bone and skin markers, OSSO and SKEL.*

989

990 In-vitro validation experiment (C): Cadaveric Upper limb flexion-extension/pro-supination in a CT scanner

		Number of rigid bone markers							Number of skin markers			
		3	4	5	6	7	8	9	4	7	10	Skin zones
Humeroulnar	Flexion-extension [°]	3.78 (0.08-7.26)	4.61 (0.28-8.26)	5.27 (0.17-6.73)	1.44 (0.07-1.90)	1.09 (0.06-1.83)	1.18 (0.05-1.79)	1.14 (0.06-1.74)	6.92 (0.19-14.50)	4.38 (0.37-9.74)	4.97 (0.19-10.53)	3.70 (0.21-6.85)
	Axial rotation [°]	3.59 (0.39-9.30)	0.90 (0.15-1.20)	0.72 (0.20-1.40)	0.38 (0.01-0.76)	0.24 (0.00-0.76)	0.33 (0.06-0.81)	0.34 (0.04-0.75)	2.37 (0.16-5.49)	1.06 (0.07-2.99)	1.09 (0.22-2.35)	0.48 (0.08-2.00)
	Carrying angle [°]	1.76 (0.17-2.93)	4.24 (0.05-6.35)	4.55 (0.29-5.34)	1.25 (0.23-1.66)	1.25 (0.32-1.66)	1.28 (0.31-1.68)	1.23 (0.31-1.66)	4.17 (0.60-12.40)	5.32 (0.42-8.35)	6.35 (0.61-8.05)	3.45 (0.27-6.59)
	Medio-lateral translation [mm]	2.47 (0.09-4.10)	3.97 (0.61-4.61)	3.29 (0.71-4.48)	1.82 (0.17-2.81)	1.94 (0.71-2.72)	1.67 (0.70-2.78)	1.68 (0.67-2.76)	4.08 (0.40-5.10)	3.88 (2.05-5.33)	3.85 (0.59-4.98)	2.50 (0.71-4.75)
	Superoinferior translation [mm]	1.99 (0.40-3.42)	1.53 (0.40-3.55)	1.68 (0.578-2.42)	0.65 (0.02-2.56)	0.39 (0.04-2.67)	0.44 (0.00-2.76)	0.43 (0.07-2.80)	2.63 (0.69-7.79)	1.72 (0.02-10.13)	2.07 (0.18-7.48)	1.65 (0.21-5.00)
	Anteroposterior translation [mm]	2.06 (0.51-3.26)	1.96 (0.47-3.60)	2.03 (0.80-3.22)	1.67 (0.18-3.97)	0.78 (0.02-1.80)	0.81 (0.40-2.01)	0.75 (0.34-1.99)	2.13 (0.06-3.63)	1.89 (0.26-9.27)	1.71 (0.18-5.05)	2.76 (0.01-5.86)
Ulnoradial	Orientation pro-supination axis [°]	4.41 (0.37-10.60)	2.06 (0.04-8.99)	1.34 (0.10-4.27)	1.54 (0.03-3.56)	1.43 (0.04-3.49)	1.59 (0.38-3.67)	1.59 (0.00-3.72)	5.42 (1.27-18.34)	4.67 (0.06-23.00)	4.07 (0.08-13.00)	3.78 (1.47-7.53)
	Flexion-extension [°]	2.00 (0.49-8.98)	2.05 (0.21-5.27)	1.59 (0.05-4.14)	1.48 (0.51-3.33)	1.55 (0.26-3.28)	1.81 (0.17-3.37)	1.42 (0.21-3.49)	7.85 (0.91-23.28)	1.77 (0.40-14.59)	5.93 (0.87-9.82)	2.94 (0.03-10.81)
	Pro-supination [°]	3.09 (0.32-10.63)	0.99 (0.05-6.10)	0.60 (0.05-2.21)	0.84 (0.07-3.37)	0.92 (0.01-2.32)	1.09 (0.09-2.48)	1.13 (0.10-2.57)	3.07 (1.04-10.92)	1.85 (0.29-20.15)	1.50 (0.05-14.76)	2.94 (1.44-4.53)
	Superoinferior translation [mm]	0.96 (0.13-2.00)	1.14 (0.01-2.28)	1.11 (0.13-2.32)	0.40 (0.07-2.19)	0.32 (0.04-1.16)	0.31 (0.02-1.15)	0.40 (0.12-1.08)	1.87 (0.57-3.88)	1.98 (0.98-4.02)	1.50 (0.37-3.61)	0.72 (0.12-3.60)
	Mediolateral translation [mm]	1.13 (0.31-3.48)	1.16 (0.62-3.35)	1.16 (0.66-3.43)	1.47 (0.53-3.48)	1.29 (0.87-2.35)	1.25 (0.86-2.36)	1.22 (0.73-2.34)	1.24 (0.18-2.11)	1.96 (0.11-3.66)	1.21 (0.23-3.93)	2.04 (0.03-4.24)
	Anteroposterior translation [mm]	0.98 (0.09-2.97)	0.85 (0.23-3.07)	2.28 (0.31-3.96)	1.96 (0.55-4.07)	0.67 (0.40-2.68)	0.80 (0.39-2.60)	0.75 (0.33-2.31)	0.72 (0.23-2.24)	1.22 (0.15-2.80)	0.89 (0.07-2.75)	1.59 (0.19-3.03)

991 *Table 3: The median and range of the absolute errors on the estimation of the humeroulnar and ulnoradial angles and translations for the 11*
992 *acquired positions for different sets of rigid bone markers and skin markers.*

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